WELCOME TO THE CRAWFISH TRAIL

When it comes to crawfish, there’s no place like Houma, LA. But don’t just take our word for it—taste for yourself by exploring the Bayou Country Crawfish Trail! With nearly 30 destinations, from fresh seafood markets to down-home Cajun restaurants, there’s no better way to experience the mouth-watering flavors of Louisiana crawfish—all year long.

Use this map to pick out all the Trail stops you want to visit and hit the road! Be sure to save your receipts as you go—collect and submit 5 receipts to claim your very own Crawfish Trail T-shirt.

HOW IT WORKS

EAT
Fill up on the most delicious crawfish at any of our 38 Crawfish Trail stops.

COLLECT
Hang onto your receipts as you eat at different Crawfish Trail locations.

CLAIM
Once you have 5 receipts, redeem to receive a free Crawfish Trail T-shirt. (details on back)

HEADS OR TAILS

HEADS SEASON
Feast on a heaping platter of peel-and-eat crawdads during “heads” season, when hot, boiled crawfish is a must-have across our region. And, don’t forget the fixins—potatoes, corn, sausage, onions, mushrooms, all soaking up that signature, spiced taste. Live and boiled crawfish are widely available during the first half of the year, usually between Mardi Gras and early summer.

TAILS SEASON
Savor the hearty flavors of homemade Cajun cookin’ during “tails” season, when you’ll find crawfish tail meat featured in nearly every dish on the menu. Whether you’re seeking traditional Cajun fare or modern cuisine, we’ve got the crawfish you’re craving: étouffées, jambalayas, crawfish pies, gumbo, po-boys, boudin, pastas, nachos and more. Crawfish dishes are available year-round, but are mostly enjoyed during the latter half of the year.

CLAIMING YOUR FREE TRAIL TEE
So you’ve passed a good time on the Crawfish Trail, enjoyed the unforgettable, savory flavors of Bayou Country and collected receipts from 5 Crawfish Trail locations along the route?

Way to geaux! Show off your culinary escapades with your very own Crawfish Trail T-shirt.

2 WAYS TO CLAIM

Visit crawfishtrail.com to upload photos of your receipts. We’ll mail your shirt to you within 4-6 weeks.

OR
Stop by the Houma Visitor Center to trade in your receipts in-person.
Crawfish Trail Locations

**Ways to Enjoy**
- Live
- Boiled
- Cuisine

**Trail Overview**

**Crawfish Trail Locations**

1. **Bozede's Meat Market**
   - 543 W. Main St, Thibodaux
   - 985-447-7128

2. **Big Boy's Seafood**
   - 606 W. Main St, Thibodaux
   - 985-447-1000

3. **West Main Seafood**
   - 5129 W. Main St, Houma
   - 985-580-7797

4. **Boudreau & Thibodeau's Cajun Cookin'**
   - 5602 W. Main St, Houma
   - 985-872-4711

5. **A&B Seafood**
   - 5990 W. Main St, Houma
   - 985-580-4311

6. **Bayou Cane Seafood Market**
   - 6539 W. Main St, Houma
   - 985-872-8776

7. **Quizine Quarters**
   - 6670 W. Main St, Houma
   - 985-580-4311

8. **Bayou Delight Restaurant**
   - 4038 Bayou Black Dr, Houma
   - 985-876-3802

9. **A-Bear's Cafe**
   - 809 Bayou Black Dr, Houma
   - 985-872-6306

10. **1921 Seafood**
    - 1522 Barrow St, Houma
    - 985-868-7098

11. **Crab King**
    - 369 Bayou Dularge Rd, Houma
    - 985-232-0666

12. **Bayou Express Seafood**
    - 243 Grand Caillou Rd, Houma
    - 985-746-5746

13. **BAYOU'SIDE SEAFOOD**
    - 8849 E. Main St, Houma
    - 985-851-4537

14. **Mr. Poboy - East Side**
    - 860 Grand Caillou Rd, Houma
    - 985-876-0909

15. **Crawfish House**
    - 1931 Prospect Blvd, Houma
    - 985-876-9673

16. **C'est Bon Cafe**
    - 1400 Grand Caillou Rd, Houma
    - 985-876-9673

17. **Wine Island Seafood**
    - 9698 E. Main St, Houma
    - 985-346-8848

18. **Captain Allen's Bait & Tackle, LLC**
    - 4225 Hwy 56, Houma
    - 985-868-2204

19. **Bayou Blue Poboy's**
    - 1967 Hwy 182, Houma
    - 985-876-9673

20. **Cena's Cajun Cookin'**
    - 6475 Grand Caillou Rd, Dulac
    - 985-563-4141

More details on locations can be found at crawfishtrail.com