

outside the lines



DISCOVER **MONROE**
WEST LOUISIANA
MONROE
VISITORS GUIDE



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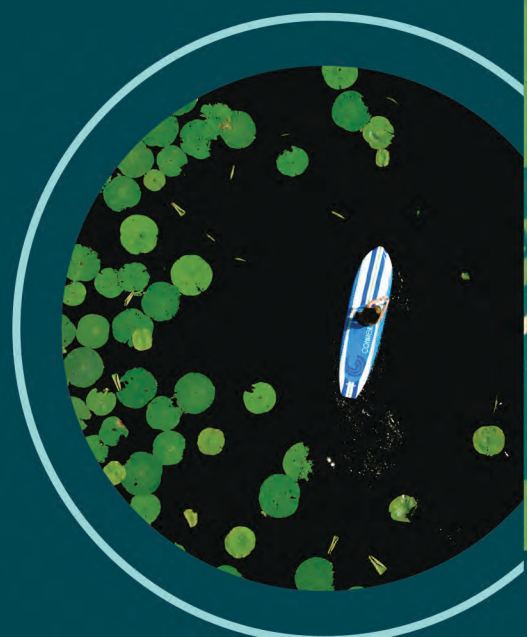
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Biedenharn
Museum &
Gardens
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CONTACT US

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WEST MONROE, LA 71292

LOCAL 318.387.5691
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MONROE-WESTMONROE.ORG



DISCOVER MONROE-WEST MONROE, LOUISIANA

Nestled on the banks of the Ouachita River and Bayou Desiard, Monroe-West Monroe, Louisiana has everything you need for an unforgettable North Louisiana vacation. Browse the largest shopping mall in North Louisiana and treasure hunt in Antique Alley. Dine at more than 100 locally owned restaurants that serve everything from catfish and po' boys to enchiladas and sushi. Hike breathtaking nature trails, sip a pint of craft beer, and sample the wines of a local vineyard.

There is no end to all the adventure you will have here.

Plan your next visit to
Discover Monroe-West Monroe today!

Black Bayou
Lake National
Wildlife Refuge
-
Page 06



HERE HOSPITALITY HAS NO LIMITS

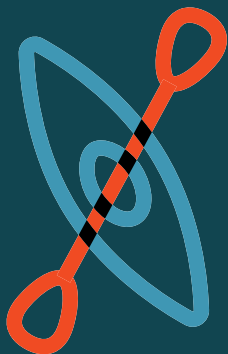


Explore a destination filled with heart and awash in culture, where your senses are free to color outside the lines, where your feet may dance to a different drum, and where you have the freedom to listen to your soul.

Discover visionaries like Joseph Biedenharn, the first bottler of Coca-Cola; General Claire Chennault, who led the Flying Tigers in World War II; and

the Robertson family, who turned a duck call into an entertainment empire. A long history of creators thinking outside the box can be found here.

Experience the vibrancy of Monroe-West Monroe while dancing in the vines at Landry Vineyards, touring museums that share our history and culture, exploring the galleries in our downtown, or enjoying live music at an Irish pub. Unique experiences go beyond what you'd expect.



local tip

HEAD TO PAGE 43 TO DISCOVER
YOUR MONROE-WEST MONROE
PERSONALITY TYPE AND GET
AN ITINERARY MADE WITH
YOU IN MIND.



Relax as you kayak along our tranquil bayous, explore our downtown shops, or pull up a chair at one of our local restaurants featuring seafood dishes, Cajun spice, soulful plate lunches, BBQ, and so much more. Find a moment of calm away from the fast pace of everyday life.

But most of all, enjoy the friendly waves and smiles from everyone you meet as you explore our two cities.

So, come Discover Monroe-West Monroe, where you're welcome to play outside the lines.

If you're not sure where to start, take our MWM Personality Quiz on pg. 44 to discover a curated itinerary perfect for your personality type.



WHERE TO DISCOVER

From Cokes to bayous to beards and Flying Tigers, we've got it all right here in Monroe-West Monroe. Check out our area attractions and you'll Discover Monroe-West Monroe.

BIEDENHARN MUSEUM & GARDENS

Step up to the soda counter to hear the tale of Coca-Cola's bottling beginnings from an entertaining soda jerk. Then refresh with a 5 cent Coke and the nostalgia of early Coca-Cola memorabilia including a delivery truck, signs, posters, bottles and Coke machines. Tour the elegant home of Joseph Biedenharn, first bottler of Coca-Cola, every room lovingly decorated by his daughter Emy-Lou Biedenharn, a renowned opera singer during the pre-World War II years. Stroll through the beautiful ELSong Gardens behind the home with over an acre of terraces, fountains, and statues. Explore the extensive collection of historically significant and unique Bibles, including a Gutenberg leaf, in the Bible Museum adjacent to the home. A wonderful retail shop with a variety of Coke merchandise, local souvenirs, jewelry, and home decor is also on the premises.

2000 RIVERSIDE DRIVE, MONROE

318.387.5281

10A-5:30P TUES-SAT

ADULTS: \$6, CHILDREN (12 & UNDER): \$4

BMUSEUM.ORG

BLACK BAYOU LAKE NATIONAL WILDLIFE REFUGE

This majestic 4,500-acre expanse is a wildlife habitat with all manner of plant species and everything from small alligators and turtles to coyote, deer and a wide variety of fowl. Delight in the beauty of herons, egrets, orioles and red-winged blackbirds from the wildlife pier or bird blind. Walk on a nature trail that meanders through a forested wetland. The Visitors Center, a restored 1880s Acadian house, offers interactive exhibits and a nature shop. Visit the conservation learning center with its mural of the lake and live animal exhibits of native fish and alligators. Other features include a photo blind, boat launch, canoeing, and year-round fishing.

480 RICHLAND PLACE, MONROE

318.387.1114

REFUGE: OPEN DAYLIGHT HOURS

VISITOR CENTER: 8A-4P

WEEKDAYS: 9A-5P SAT; 1P-5P SUN

FREE ADMISSION; \$2 BOAT LAUNCH FEE;
\$20 1/2 DAY CANOE RENTAL, \$35 FULL
DAY (CALL TO SCHEDULE)

FWS.GOV/REFUGE/BLACK-BAYOU-LAKE



CHENNAULT AVIATION & MILITARY MUSEUM

Occupying one of the last standing buildings from the WWII Selman Army Airfield Navigation School, this totally renovated facility is filled with more exhibits and artifacts than one would ever believe. The aviation portion highlights three historic chapters in the nation and Monroe's history: the Navigation School that trained over 15,000 navigators during WWII; the birth of Delta Airlines from a regional crop dusting service; and Louisiana native General Claire Chennault, leader of the Flying Tigers in a special exhibit "Way of a Fighter". The military portion is portrayed through sections of the museum representing all five military branches with an abundance of weaponry, uniforms, photographs, documents, and other artifacts depicting WWI through present day with heavy emphasis on Louisiana. The museum features a growing outdoor airpark of historic aircraft and vehicles.

701 KANSAS LANE, MONROE

318.362.5540

9A-4P TUES-SAT

FREE ADMISSION

CHENNAULTMUSEUM.ORG



DUCK COMMANDER

Monroe-West Monroe is the proud home of the Robertsons, America's favorite bearded family and stars of A&E's hit show Duck Dynasty. From a love of duck hunting, Phil Robertson built the foundation for what is now a multi-million dollar and internationally known brand, Duck Commander. The latter is mostly due to the entrepreneurial spirit of Willie Robertson, Phil's son and CEO of the company. Visit the Duck Commander Warehouse to see show memorabilia and shop for clothing, duck calls, food products, and more!

117 KINGS LANE, WEST MONROE

318.387.0588

9A-5P MON-SAT

TOUR 9:30A-3:30P MON-SAT

FREE ADMISSION TO STORE

TOUR ADMISSION (FREE DUCK CALL WITH PURCHASE):

ADULTS \$20; MILITARY, 65 & UP, AND CHILDREN (5-12 YEARS): \$10;

SMALL CHILDREN (4 & UNDER): FREE

DUCKCOMMANDER.COM





LOUISIANA PURCHASE GARDENS & ZOO

This is an 80-plus-acre zoological park and gardens for family fun and education with almost two miles of pathways wandering through animal exhibits, park-like grounds and gardens. Don't miss the Zooasis Splash Pad, playground, Safari Boat ride, and the Train. You can see more than 400 birds and animals with over 100 species. Areas include the *Land Down Under*, *The Louisiana Purchase*, and a petting zoo. Want to bring a group? The Zoo offers group rates and you can rent a pavilion for your family or business events. Enjoy hours of fun at a family friendly price.

1405 BERNSTEIN PARK DRIVE, MONROE
318.329.2400

10A–5P DAILY; CLOSED ON THANKSGIVING,
CHRISTMAS, AND NEW YEARS DAY

ADULTS: \$4.50; SENIORS & YOUTH: \$3;
CHILDREN (2 & UNDER): FREE;
BOAT & TRAIN: \$3 EACH

MONROEZOO.ORG



NORTHEAST LOUISIANA CHILDREN'S MUSEUM

It's so much fun, they'll never know it's a museum! This is a super place, where adults and kids can learn and grow together. Permanent exhibits include the Firehouse, a replica with a sliding pole; Health Hall, where kids can be a paramedic; Toddertown, a cool, whimsical area for those under 4; Kids' Café, be a server, cashier, chef; Bubbleworks, make a giant bubble; and The Big Mouth, walk in and explore! Great traveling exhibits from across the U.S. are featured throughout the year, too. From mid-November to Christmas, the museum transforms to Santa's Christmas Village with ice skating, Santa and Mrs. Claus, and slides down Mt. Sneaux. Party packages are available, and a gift shop is on the premises. It's where learning is fun!

323 WALNUT STREET, MONROE
318.361.9611

9A–2P TUES–FRI; 10A–5P SAT

FREE GENERAL ADMISSION

NELCM.ORG





MASUR MUSEUM OF ART

This is truly a wonderful museum, set in a 1920s Tudor-style structure (listed on the National Register of Historic Places) with charming open spaces, hardwood floors and inviting year-round displays of a wide spectrum of art. The Masur Museum features a permanent collection of paintings, prints, and sculpture, as well as six to eight exhibitions annually of art from museums and artists nationwide. An annual national juried exhibition is also held. Art lectures, gallery talks, special presentations, art classes, and children's workshops are conducted year-round.

1400 SOUTH GRAND STREET, MONROE
318.329.2237
9A–5P TUES–FRI; 12P–5P SAT
FREE ADMISSION
MASURMUSEUM.ORG



NORTHEAST LOUISIANA DELTA AFRICAN AMERICAN HERITAGE MUSEUM

Changing art exhibits feature local and regional African American artists. An interesting array of artifacts from Northeast Louisiana includes kitchenware and furniture from old slave cabins, early cotton farming tools, even sacks used for picking cotton. Also on display are life-like models of famous African American leaders like statesman and reformer Frederick Douglass, educator Mary Bethune and first African American millionaire and businesswoman Madam C.J. Walker, as well as an archival section featuring local African American leaders, their history, and contributions.

1051 CHENNAULT PARK DRIVE, MONROE
318.342.8889
10A–4P TUES–FRI; 10A–2P SAT; SUN BY
APPOINTMENT
ADMISSION: \$5
FACEBOOK.COM/NLDAAHM





LANDRY VINEYARDS

This family owned and operated winery located in the rolling hills of West Monroe produces 20 different wines including cultural fruit forward semi-sweet wines, clean crisp dry white wines, dry barrel aged wines and port style wines. Visitors can sample these wines, while enjoying the picturesque views from the beautiful tasting room. Don't miss their Outdoor Concerts, with music ranging from country to jazz. Two harvest festivals are hosted each summer that offer visitors the chance to harvest grapes and participate in a grape stomp.

5699 NEW NATCHITOCHES ROAD,
WEST MONROE

318.557.9050

TASTINGS: 11A-5:30P MON-SAT

TOURS: AVAILABLE BY APPOINTMENT

CONCERT TICKETS: ADULTS \$10,
CHILDREN \$5

LANDRYVINEYARDS.COM

FLYING TIGER BREWERY

Flying Tiger Brewery brews and cans their Heroic beverages in Downtown Monroe. Their facility is home to a brewhouse, taproom, patio, and large outdoor green space.

506 NORTH 2ND STREET, MONROE

318.547.1738

4P-10P WED & THURS; 1P-11P FRI & SAT

FLYINGTIGERBEER.COM

FLYING HEART BREWING & PUB

This brewery produces beers from light and hoppy to spicy and dark. This new addition to Downtown West Monroe also offers live music, yard games, craft cocktails, food, and more!

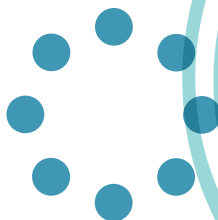
204 COMMERCE STREET,
WEST MONROE

318.367.0888

11A-9P MON-WED; 11A-10P THURS;

11A-11P FRI & SAT; 10:30A-9P SUN

FLYINGHEARTBREWING.COM





MARKET AT 7TH SQUARE

Open year round and offering a variety of crops and goods, the market has something for everyone. So stop by the farmers market for a taste of North Louisiana.

1700 NORTH 7TH STREET,
WEST MONROE

318.322.2209

7A-6P MON-SAT

WESTMONROE.COM

REVOLUTION PARK

Racetrack complex featuring a 3/8 mile track and multiple race series events including dirt track racing.

8850 FRONTAGE ROAD, MONROE

318.245.7665

HOURS VARY

THEREYDIRT.COM

TWIN CITY BMX

This USA BMX certified indoor track hosts multiple BMX events throughout the year.

401 LEA JOYNER EXPRESSWAY, MONROE

318.376.2105

6P-8P TUES & THURS; 2-5:30P SUN

FREE GENERAL ADMISSION

USABMX.COM/TRACKS/1962

TWIN CITY RACEWAY

Get those RPMs revving at this super quarter-mile asphalt raceway.

3695 PRAIRIE ROAD, MONROE

318.557.3284

5P-12A FRI; 5P-12A SAT

TICKET PRICES VARY

TWINCITYRACEWAY.NET



A LITTLE SOMETHING EXTRA

ULM MUSEUM OF NATURAL HISTORY

4020 Northeast Drive, Monroe
318.342.1868 | ulm.edu/mnh

Collections representing the natural history of North Louisiana of fish, plants and geological specimens including Native American artifacts. Located in Hanna Hall.

Open during ULM semesters. Free admission.

COOLEY HOUSE

1011 South Grand Street, Monroe
318.345.4536 | cooleyhouse.org

This is a rare example of residential Prairie School architecture in the South by international architect Walter Burley Griffin and is listed on the National Register of Historic Places.

Tours by appointment only.



PRECIOUS LEGACY MUSEUM & ARCHIVES

2400 Orell Place, Monroe
318.387.0730 | bayoujews.org

The museum features contributions of the Jewish community to the local area and also gives an overview of Jewish history, traditions and holidays.

Tours by appointment only.

LAYTON CASTLE

1133 South Grand Street, Monroe
318.322.4869

Layton Castle was built in 1910 around a Louisiana cottage. The grounds include an 18th century wine house built by Judge Henry Bry in 1814.

Tours by appointment only.





TOP 10 BITES

Monroe-West Monroe is home to over 100 locally owned and operated restaurants. Don't know where to start? Check out this list below of our 10 must-try bites!



1

**PARISH RESTAURANT
& BAR**

Brussels

PAGE 14



6

**ALEX'S LATIN FOOD
CAFÉ**

Café con Leche

PAGE 21



2

**TRAPP'S ON
THE RIVER**

Seafood Nachos

PAGE 15



7

**JOHNNY'S PIZZA
HOUSE**

Sweep the Swamp

PAGE 24



3

**BIG MOMMA'S
FINE FOODS**

Hotwater Cornbread

PAGE 17



8

COTTON

Duck Wraps

PAGE 14



4

NOT JUST PIE

Banana Caramel Pie

PAGE 16



9

CASTOR & CHICORY

Beignets

PAGE 23



5

**MAGIC GRILL & MAGIC
GRILL WEST MONROE**

*Roast Beef Po'boy
with Gravy*

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10

2DUDES BREW & QUE

Hail Mary Sammich

PAGE 18

local spotlight:

CORY BAHR

**Chef & Owner of Parish Restaurant
and Standard Coffee Co.**

WHEN DID YOU FIRST KNOW THAT YOU WANTED TO BE A CHEF?

I never knew that I wanted to be a chef, actually. I fell in love with serving people and the evolution of that became me being a chef.

WHO HAVE BEEN YOUR BIGGEST CULINARY INFLUENCES?

My grandparents have always been my biggest source of inspiration and influence.

WHAT FOUR ITEMS ARE A MUST IN YOUR KITCHEN?

Great vinegar, a microplane, Diamond Crystal kosher salt, and a Peugeot pepper mill.

WHAT IS YOUR FAVORITE MEAL TO COOK?

I love cooking over wood so anytime I can find an excuse to fire up the grill, that's where you'll find me.

WHAT IS YOUR FAVORITE MEAL TO EAT?

My favorite meal of all time is my grandmother's fried chicken and my grandfather's lemon pie.



WHEN YOU AREN'T IN THE KITCHEN, WHAT ARE YOU DOING?

When I'm not in the kitchen, I'm in the great outdoors here in Northeast Louisiana. We have so much to offer from hunting and fishing to water sports. You name it, we've got it.



WHAT DO YOU LOVE MOST ABOUT YOUR JOB?

My passion is serving people and our community. Being able to be a small part of people's celebrations of life, that's what drives us.

WHERE TO EAT

Crispy fried catfish, mouthwatering po' boys, and good old-fashioned barbecue are just a few of the tasty things you can sink your teeth into when you visit one of the many restaurants in Monroe-West Monroe.



STEAK & SEAFOOD

PARISH RESTAURANT

318 North 2nd Street, Monroe
318.376.2423 | D
parishrestaurant.com

Award winning Chef Cory Bahr shares his passion for food and local ingredients at Parish. Enjoy thoughtful seafood dishes or locally sourced ribeyes. Finish your meal with Cookies and Milk or Coconut Panna Cotta.

COTTON

101 North Grand Street, Monroe
318.325.0818 | L, D
restaurantcotton.com

Start your meal with the Duck Wraps and then try the North Delta Shrimp and Grits. The sandwiches come with a side of Duck Fat Fries, that are not to be missed. You'll love the atmosphere and the food!

WAREHOUSE NO. 1 RESTAURANT

One Olive Street, Monroe
318.322.1340 | L, D
warehouseno1.com

Relax along the Ouachita River while you dine in this unique building that was once a cotton warehouse. Start your meal with fresh, hot hushpuppies. Choose from unique options like Jalapeño Cheese Grits and Corn and Crab Bisque or try the Peppercorn Steak or Citrus Grilled Tuna Salad.

WATERFRONT GRILL

5201 Desiard Street, Monroe
318.345.006 | L, D
waterfrontgrill.com

Resting on the quiet banks of Bayou DeSiard, this restaurant is known for its grilled entrees and rustic charm. Try the Catfish Desiard, named for the bayou that flows beneath the deck, or Shrimp Rahkee, shrimp in a spicy cream sauce with mushrooms and fresh vegetables over pasta.

DOE'S EAT PLACE

300 Washington Street, Ste. 108, Monroe
318.737.7169 | D

Known for their steaks, tamales, and chili. Cuts include porterhouse, T-bone, ribeye, filet, and sirloin.

COPELAND'S OF NEW ORLEANS

3851 Pecanland Mall Drive, Monroe
318.324.1212 | B, L, D

This Louisiana original offers wide choices of menu options like Eggplant Pirogue, Shrimp and Tasso Pasta, po' boys, and marinated crab claws. Finish up your meal with an order from the cheesecake bakery.

THE FAT PELICAN

1810 Tower Drive, Monroe
318.537.9030 | L, D

This menu from Chef Chris McKnight features fresh seafood dishes, sandwiches, po' boys, and burgers.

THE LEVEE GRILL

2538 River Landing, Monroe
318.582.5333 | L, D

Located on Bayou Desiard, this quaint grill has steaks, seafood, po' boys, specialty sandwiches, and salads.



CAJUN, GUMBO & CRAWFISH

CATAHOULA'S

5321 Desiard Street, Monroe
318.816.5500 | L, D

Start off with the Catahoula Dip or Trash Can Nachos. Follow that with po'boys, burgers, salads, wings, and more all with beautiful bayou views.

CHENIERE SHACK

7975 Cypress Street, West Monroe
318.396.9754 | L, D

Freshly prepared seafood, steaks, burgers, and po' boys. Hot boiled crawfish when in season. Enjoy freshly made desserts such as sour cream coconut cake and southern pecan pie.

CLAWDADDY'S CRAWFISH AND OYSTER BAR

7601 Hwy. 165, Monroe
318.516.2529 | D

Offering chargrilled or raw oysters, crawfish, fried seafood, and po'boys.

CORMIER'S CAJUN RESTAURANT

1205 Forsythe Avenue, Monroe
318.322.0414 | L, D

Grab a picnic table and enjoy their spicy crawfish or famous pig sandwiches. Try the boiled crabs, when in season. Open during crawfish season, typically January through July 4.

CRAWFISH CITY

3426 Cypress Street, West Monroe
318.397.9002 | L, D

It's all about crawfish here. But there are shrimp, sandwiches, red beans, etouffee and gumbo too. Open during crawfish season and again in blue crab season.

MEL'S CAJUN FRIED CHICKEN & CATFISH

340 Highway 594, Monroe
318.343.6400 | L, D

Fried chicken and Louisiana catfish with extras like meat pies, boudin balls, and pie.

MOHAWK SEAFOOD TAVERN RESTAURANT

704 Louisville Avenue, Monroe
318.322.5481 | L, D

Established in 1951, this longtime local favorite is famous for gumbo, fried fish, raw oysters, shrimp po' boys, and shrimp delight salad. Looking for something a bit lighter, try some of their grilled fish options.

RIVERSIDE CONEY ISLAND

710 Walnut Street, Monroe
318.388.3644 | L, D

More than the usual Coney Island experience. When crawfish season hits, this is the place to be with outdoor dining and live entertainment nightly! They are best known for their crawfish and shrimp. It's a Cajun trip. Good gumbo and daily plate lunches are served throughout the year, as well as fried Snickers, Twinkies, and Oreos. You'll find something for everyone.



SAMMY CRAWFISH KING

1902 Forsythe Ave, West Monroe
318.855.1305 | L, D

Boiled crawfish and seafood platters featuring crab, shrimp, lobster, sausage, and more.

TRAPP'S

113 South Riverfront Street, West Monroe
318.855.6428 | L, D
trappsontheriver.com

Enjoy the view of the Ouachita River while you dine. Begin your meal with Mom Bourque's Seafood Nachos with fried crawfish, grilled shrimp, and white queso. Choose from po' boys, fresh seafood, crab cakes, Cajun favorites, and more!

CATFISH HOUSES

CATFISH CABIN

1400 Louisville Avenue, Monroe
318.387.7353 | L, D

This local favorite has been serving appetizing seafood dishes like gumbo, baked fish, and fried fish since 1972 along with fried oysters, and shrimp. And no meal is complete here without mouth-watering hushpuppies.

CATFISH CHARLIE'S

2329 Louisville Avenue, Monroe
318.807.7070 | L, D
catfishcharlies.biz

Try their thin and crispy fried catfish, or get it grilled, blackened, or wrapped up in a taco. Also on the menu are jambalaya, shrimp, burgers, and steaks. They serve boiled crawfish when in season.

THE FISH HOUSE

8823 Highway 165, Suite 6, Monroe
318.807-0876 | L, D

A seafood restaurant offering traditional favorites like catfish, frog legs, and hamburgers. The french fries are fresh cut, so don't miss out!

GOLDEN PIER SEAFOOD

1114 North 7th Street, West Monroe
318.325.4558 | L, D

Offering fried fish, gumbo, and seafood, along with po' boys. They mix in an Asian influence with Chinese options on the menu, and there is a seafood market with fresh seafood.

SCOTT'S CATFISH & SEAFOOD

2812 Cypress Street, West Monroe
318.387.6212 | L, D
scottscatfish.com

Serving fried catfish, gumbo, stuffed crab, or Catfish Louisianne — catfish over a bed of dirty rice and topped with shrimp étouffée. Enjoy tasty southern side options like white beans, turnip greens, and dirty rice.





SOUPS, SANDWICHES & PO' BOYS

DAILY HARVEST

1105 Forsythe Avenue, Monroe

318.388.8998 | B, L

dailyharvestdeliandbakery.com

Locally owned and operated deli serving sandwiches, wraps, salads, soups. Muffins, cookies and homemade breads baked daily using natural sweeteners and no preservatives. You can also order a healthy drink from the juice bar.

DAILY PRESS

2899 Sterlington Road, Monroe | 318.329.9595

2300 Louisville Avenue, Monroe | 318.855.4588

1115 Garrett Road, Monroe | 318.605.2378

2710 North 7th Street, West Monroe | 318.605.3126
mydailypress.com | B, L, D

A unique coffee shop offering espresso and milkshakes to go! Or stop in for their fresh salads, pressed po' boys, or serve yourself frozen yogurt. Their coffee specials and baked goods warrant a trip to stop in.

THE GOOD EARTH JUICE & SALAD BAR

1211 North 18th Street, Monroe

318.387.8446 | L, D

fiestanutrition.com

Grab and go food, coffee, and fresh juice options. Plus, their grocery store remains open, with tons of vitamins and supplements, organic grocery options, and local produce. Offers fresh, organic juice, custom acai bowls, salad bar, and daily meal specials.

LEA'S OF LECOMPTÉ

319 Louisville Ave, Monroe

318.329.8081 | B, L, D

Family-owned and famous for home-made pies, like chocolate, coconut, and lemon meringue. Daily lunch plate specials, ham sandwiches, and their roll-over hamburgers served on homemade sourdough bread. They are open daily for breakfast offering eggs, grits, biscuits with gravy, and other traditional Southern cuisine.

MAGIC GRILL

3095 Arkansas Road, West Monroe | 318.396.1603

4331 Sterlington Road, Monroe | 318.807.4745

1210 North 18th Street, Monroe | 318.605.3246

L, D

Try their Mr. Ray's famous fried chicken, hot fresh rolls, chicken salad sliders and Magical Po' boys with a choice of roast beef, ham, fish, turkey, ribeye, shrimp, Philly or hamburger, along with a cup of their famous gravy and fresh cut fries. For the kids, there are chicken strips, hot dogs with chili, malts, shakes, and ice cream.

NOT JUST PIE

2117 Forsythe Avenue, Monroe

318.322.9928 | L

Southern Living Magazine calls this eatery "a diner's delight" where one can get "hypno-pied" by a variety of fresh pies like banana caramel, coconut, and chocolate, all topped with whipped cream or meringue. But as the name suggests, they serve sandwiches, chili, soups, and quiche along with a mouth-watering roast beef po' boy.

THE PLATTER

120 Blanchard Street, West Monroe

318.450.7350 | L

Specializes in beautiful and creative platters with donuts, fruit, cheese, and classic charcuterie spreads. They also offer Grab n' go salads, sandwiches, and bakery items.

PORTICO BAR & GRILL

2230 Tower Drive, Monroe

318.329.9510 | L, D

facebook.com/PorticoMonroe

Try their great salads, steaks, seafood, and their sweet potato fries. Pastas, fish, shrimp and even po' boys are on the menu. Their house dressing is one you'll want to try again.

RAY'S PEGE

8209 Desiard Street, Monroe

318.343.0710 | L, D

A local favorite since its doors opened in the 60s, this grill is famous for its roast beef po' boys with gravy on the side, and curly-Q fries. Other great items are the ham, ribeye, or Philly po' boys. The open-faced burger is another way to enjoy the gravy! Don't forget to order a malt or shake.

SOUPS, SALADS, AND SWEETS

207 Blanchard Street, West Monroe

318.322.9407 | L

Choose from chicken or tuna salad sandwiches or wraps and soups like potato or Baja chicken. Mix up your own salad at the bar full of fresh, healthy ingredients. Finish off your lunch with a gourmet cupcake or brownie, made fresh daily.

TRIO'S

2219 Forsythe Avenue, Monroe

318.387.3577 | L, D

Make a selection from the pizza menu or try the Trio's Pasta, alone or add chicken or shrimp. Also on the menu are Crabmeat Musaka, Greek salads, po' boys, and burgers. Don't miss their daily special and NOLA style brunch on Saturday and Sunday.





CONEY ISLANDS

CONEY ISLAND CONNECTION

2635 North 7th Street, West Monroe
318.855.3993 | L, D

Serving some of the best chili dogs and old-fashioned hamburgers around.

THE ORIGINAL WEST MONROE CONEY ISLAND

410 Natchitoches Street, West Monroe
318.323.7610 | L, D

Just two words – chili cheeseburger! It's messy, but it's oh-so-good!

SMITH STREET CONEY ISLAND

302 Smith Street, West Monroe
318.322.4143 | L, D

Famous for their homemade chili, made fresh daily. You'll love it!

SOUL FOOD, DINERS, & PLATE LUNCHES

BELLE'S OLE SOUTH DINER

4624 Cypress Street, West Monroe
318.450.9086 | B, L

A working man's diner with options like hamburger steak, beef tips and rice, catfish and pork chops. They also serve breakfast for early risers starting at 6AM!

BIG MOMMA'S FINE FOODS

1118 South 2nd Street, Monroe
318.388.5678 | L

Daily plate lunches with good Southern vegetables like real mashed potatoes, butter beans, candied yams, greens (mustard and turnips), corn, and black-eyed peas. Fantastic fried chicken and smothered pork chops too. You can't leave without trying some of Big Momma's hot water cornbread. And for dessert, a big piece of homemade cake, cobbler or pie!

THE DINER IN WEST MONROE

946 Ole Highway 15, West Monroe
318.397.3505 | L

Offers a variety of plate lunches each day along with fried seafoods, burgers, salads, and desserts.

GRANNY'S FAMILY RESTAURANT #2

2510 Cypress Street, West Monroe
318.410.4323 | L

In the mood for some good country cooking? Then pull up a chair and try this home-style plate lunch buffet with choices like fried chicken, beef tips and rice, fried pork chops, black-eyed peas, smothered squash, okra and tomatoes, lima beans, and hush puppies.

KAYLA'S KITCHEN

311 Wood Street, West Monroe
318.410.4323 | L

kaylas-kitchen.business.site

Nestled in historic Antique Alley, Kayla cooks up daily plate lunch specials, dessert and tea included. A favorite is their homemade chicken and dressing with side choices like butter beans and squash casserole. For dessert, try the Banana Caramel Pudding or Coconut Delight.

THE KITCHEN RESTAURANT

202 South 6th Street, Monroe
318.322.4224 | B, L

Open the screen door and take a whiff of some good ol' Southern cooking. They've been serving dishes like chicken and dumplings, beef tips, hamburger steak, turnip greens, and mashed potatoes since 1984.

MR. PEABODY'S

1409 Tim Street, West Monroe
318.387.1808 | L, D

Serving good down home cooking with fresh vegetables, gulf shrimp, hand-pattied burgers, and homemade boudin balls.

SIMPLY SOUTHERN RESTAURANT AND CATERING

805 Edwards Road, West Monroe
318.600.3219 | L

This quaint spot serves homecooking like your grandma made with choices like meatloaf, chicken & dumplings, fried pork chops, and all your favorite sides.

THE 64 KITCHEN & BAR

8958 Hwy. 165 North, Sterlington
318.598.8051 | L, D

[facebook.com/The64Kitchen](https://www.facebook.com/The64Kitchen)

Jazzy Potatoes, Boujie Bayou, Voodoo Chicken and Crawfish Bread are just a few of the selections on this menu. Or go with the local favorite and order the Cajun Enchilada, a fried tortilla stuffed with blackened chicken, dirty rice, pepper jack cheese, and bell peppers, then drizzled with queso.

SWEET T'S CRAWFISH & SEAFOOD

810 Jonesboro Road, West Monroe
318.570.2918 | L

Check daily for new specials: fried chicken, hamburgers, steak, and more served with two sides, bread, and dessert. This country-style cooking restaurant provides a variety of delicious comfort food. During crawfish season, you can get it by the pound with corn and potatoes.

BAR-B-QUE

2 DUDES BREW & QUE

436 Desiard Street, Monroe

318.855.5808 | L, D

facebook.com/2DudesMonroe

Serving up delicious BBQ, brisket, sausage, ham, and chicken. Try their Hail Mary Sammich or their Smoked BBQ Pasta and finish your meal with their Top Shelf Banana Pudding.

BBQ PIT

8825 Highway 165 North, Monroe

318.598.8017 | L, D

Tender ribs that will keep you licking your fingers! Pulled pork that locals say is the "bomb." Homemade barbeque chips are something you can't find anywhere else in town. Their twice baked potato salad and homemade onion rings will bring you back for another visit.

BBQ WEST

4900 Cypress Street, Suite 9, West Monroe

318.396.7455 | L, D

Try the fall off the bone ribs and keep the napkins handy as it gets a little messy, but oh so good. The beans are meaty with a little hint of smoke. Also enjoy smoked turkey, BBQ beef, chicken, or sausage on their homemade po' boy bread with a side of gravy.

DANKEN TRAIL

7712 Desiard Street, Monroe

318.343.0773 | L, D

dankentrail.com

They've been serving their tangy sauce with beef, turkey, or sausage for over 30 years. Or try their ribs, that are painted with a sweeter sauce. Step out and try the fried fish in The Corral! Finish your meal with a serving of hot peach cobbler.

JAC'S CRAFT SMOKEHOUSE

401 Trenton Street, West Monroe

318.855.8680 | B, L, D

Expertly smoked and crafted meats, house-made sauces, and seasonings for a flavor experience you'll never forget! Also offering specialty coffee drinks and sweets like cupcakes, cobbler, cookies, and more.

PODNUH'S BAR-B-Q

810 Splane Drive, West Monroe | 318.388.0559

1108 Sterlington Road, Monroe | 318.343.3008

L, D

podnuhs.com

Try their zesty sauce on all the BBQ dishes you know and love: beef, sausage, chicken, and baked beans. A local BBQ joint throughout the Twin Cities for years.



HAMBURGERS

BEST BUY SOUL FOOD

2952 Renwick Street, Monroe

318.322.4887 | L, D

Try the CC Burger with down-home sausage, a fried egg and cheese. Other choices include the King Kong, Godzilla, or Big Daddy burgers along with soul food options like smothered chicken, pork chops, mac n' cheese, and turnip greens.

BRAIZ'N BAR & GRILL

1611 N 18th Street, Monroe

318.855.4027 | B, L, D

Family owned and operated restaurant that serves delicious and unique tacos and burgers.

THE BURGER GRIND

1405 N. 7th Street, West Monroe

318.570.5432 | L, D

facebook.com/BurgerGrindWM

Order favorites like the Blue Bomber and Missing Link Burgers or you can create your own. Sides include sweet potato fries, loaded fries, and onion rings. Also on the menu are chicken sandwiches and salads.

THE COOKOUT

1301 North 18th Street, Monroe

318.307.6986 | L, D

The Cookout offers hand-patted juicy cheeseburgers and flavorful wing sauces that are sure to please.

THE CREAMERY

1121 Forsythe Avenue, Monroe | 318.325.8886

112 Blanchard Street, West Monroe | 318.387.8848

L, D

This retro, 50s-style diner is serving up tasty, hand-patted burgers. Get yours with their grilled onions, some of the best in town. And be sure to ask for a malt or shake served in an old-timey frosted glass.



DAQ'S WINGS & GRILL

2217 Forsythe Avenue, Monroe

318.998.9464 | L, D

Stop by with friends for wings that are marinated for 24-hours before cooking. They dole them out in a variety of flavors and hotness! Burgers are a half-pound of meat and can be served regular or open faced smothered in gravy with hand battered fries and onion rings.

ENOCH'S IRISH PUB & GRILL

507 Louisville Avenue, Monroe

318.388.3662 | L, D

An Irish pub with a Louisiana attitude! This old world pub in the heart of Monroe is famous for its hamburgers. They have a great selection and on Tuesdays, they're 2-for-1. One of the local favorites is The Blarney Stone Blue Cheese Burger topped with cheese, blue cheese dressing, and bacon. So good it melts in your mouth.

FIELDHOUSE BAR AND GRILL

1510 Sterlington Road, Monroe

318.342.9662 | L, D

fieldhousebarandgrill.com

The menu offers choices like a straight-from-the-ballpark Wrigley Hotdog or five specialty half-pound burgers. Or try the lighter side menu with salads and quesadillas. Onion rings, sweet potato fries, or Cajun corn can complete any meal.

MELVYN'S RESTAURANT

1128 Oliver Road, Monroe

318.325.2055 | L, D

melvyns.com

You'll feel like a local in this hometown hangout, famous for award-winning, charbroiled, hand-patted burgers and hamburger steaks stuffed with cheese and onions.

MIRO'S

201 Walnut Street, Monroe

318.855.6234 | L, D

Located on the beautiful Ouachita River near the railroad bridge, this restaurant offers a variety of classics. Order a juicy burger, sandwich wraps, pizza, or chicken wings. Mix it up with a pickle fries appetizer. Miro's also offers a Sunday brunch menu that includes shrimp n' grits, loaded biscuits, and a boudin omelet. Chew with a view.

COFFEE SHOPS

CAFÉ EXPRESSO

3111 Cypress Avenue, West Monroe

318.325.5795 | B, L

carwashwestmonroe.com

Wash, fuel and lube your car at Car Wash West while relaxing and enjoying coffee drinks at Café Expresso. You can even pick up a card or a small gift for family or friends.

THE COFFEE BEAN

2501 Broadmoor Boulevard, Monroe

318.324.9114 | B, L

More than your standard coffee house. Taste the fresh quiche of the day, daily lunch special, or specialty chicken salad. For breakfast, try the homemade muffins and scones.

THE CORNER COFFEEHOUSE

207 Blanchard Street, West Monroe

318.322.9407 | B, L, D

Coffee may be on your mind, but you'll love their giant specialty cupcakes and cakes, scones, muffins, and cookies.

DREUX COFFEE

1211 North 18th Street, Monroe

318.387.8446 | B, L

facebook.com/dreuxcoffee

Specialty coffee and tea bar located inside Fiesta Nutrition Center.

STANDARD COFFEE CO.

523 Desiard Street, Monroe

318.570.4127 | B, L, D

Created by local chef Cory Bahr, Standard Coffee Co. offers such beverages as Bulletproof coffee, the Lavender Bee, and cold brew coffees. Also serving lunch options like Avocado Toast, Tuna Poke Bowl, and various specials.





DONUT SHOPS

BESTZ DONUTS

1614 Louisville Avenue, Monroe
318.582.5607 | B

DONUT PALACE

2403 North 7th Street, West Monroe | 318.397.4080
3407 DeSiard Street, Monroe | 318.343.4347 | B

HASKELL'S DONUTS

413 Thomas Road, West Monroe | 318.388.0880
1617 Martin Luther King Drive, Monroe | 318.388.0238
4331 Sterlington Road, Monroe | 318.325.1205
7911 DeSiard Street, Monroe | 318.343.2777 | B

STAR DONUTS

903 Warren Drive, West Monroe
318.855.4105 | B

SUPER DONUTS

2415 Arkansas Road, West Monroe
318.396.3310 | B

SUPER DONUTS II

1101 Cypress Street, West Monroe
318.512.4426 | B

CHINESE

CHINA CAFE

2820 Louisville Avenue, Suite #111, Monroe
318.323.8181 | L, D

CHINA CHEF

1419 Winnsboro Road, Monroe
318.388.-5888 | L, D

EASTERN CHINESE

3426 Cypress Street, West Monroe
318.396.8181 | L, D

JADE GARDEN CHINESE RESTAURANT

1822 Forsythe Avenue, Monroe
318.322.3886 | L, D

NO. 1 HIBACHI GRILL BUFFETT

120 Blanchard Street, West Monroe
318.651.7666 | L, D

PEKING CHINESE RESTAURANT

4004 DeSiard Street, Monroe | 318.323.4000 | L, D

INDIAN

LITTLE INDIA RESTAURANT & BAR

903 North 4th Street, Monroe
318.717.1111 | L, D
littleindiamonroela.com

This restaurant is dedicated to serving the best of authentic Indian cuisine to the people of Northeast Louisiana. Their menu categories include a variety of soups, indian chaats, appetizers, North and South Indian entrees, exquisite Indo-Chinese, Biryani's, all made from fresh, handcrafted spices daily to create the perfect dining experience.

TASTE OF INDIA

1809 Roselawn Avenue, Monroe
318.651.8999 | L, D
tasteofindiamonroe.com

They offer a buffet at lunch to try many of the Indian specialties. At dinner, select from seafood, chicken, and vegetable dishes on the menu. You can also choose lamb, Tandoori, and Biryani recipes that will please your craving for Southern Indian flavors.

ITALIAN

FREDDIE CASCIO'S ITALIAN & CAJUN RISTORANTE

305 Finks Hideaway Road, Monroe
318.345.4536 | L, D
freddiecascios.net

This old fashioned eatery is great for families and serves homemade Italian dishes and seafood. Order the homemade cheese sticks. The kids will love them.

GENO'S ITALIAN RESTAURANT

705 North 8th Street, Monroe
318.325.5098 | L, D

Monroe's oldest Italian restaurant, serving baked penne hot out of the oven with bubbling sauce topped with cheese. You'll feel right at home sampling their lasagna, manicotti and shrimp alfredo. They also make their own Italian sausage. If you like it, you can buy it by the pound to take home.





GENUSA'S ITALIAN RESTAURANT

815 Park Avenue, Monroe
318.387.3083 | D

An intimate atmosphere for that romantic dinner. Traditional Italian dishes, seafood and steaks. A wine selection that is fantastic. When you fall in love with the meat sauce and tomato sauce, it's available by the quart to purchase.

LUNA PIENA ITALIAN BISTRO

400 Trenton Street, Suite A, West Monroe
318.855.3130 | L, D

Serving authentic Italian meals. Offering lunch specials Monday-Friday.

MILANO'S ITALIAN GRILL

100 Constitution Circle, West Monroe
318.654.7722 | L, D

All your Italian favorites as well as hot subs, calzones, and New York style pizza.

JAPANESE/SUSHI

BANGKOK SPICE RESTAURANT

5332 Cypress Street, West Monroe
318.397.7221 | L, D
bangkokspicewm.com

Enjoy authentic Thai cuisine including curry, pad thai, larb and so much more! They also serve a few Lao, Vietnamese, Chinese, and Japanese dishes including papaya salad, pho, sushi, and many delicious stir fried entrees.

BASIL

1118 Oliver Road, Monroe
318.605.2996 | L, D

Basil is a Thai and sushi bar that allows customers to customize their food. They also have a wide range of dishes that aren't offered at other restaurants in the area, such as crab cream cheese rolls, corn patty, Nam Kao, Massamon, Thai spicy basil, and chili paste.

CAFE RAWZ OF WEST MONROE

203 Blanchard Street, West Monroe
318.537.9122 | L, D
facebook.com/caferawz

A quaint cafe located in West Monroe that has a large variety of sushi entrees. The Louisiana special adds crawfish to the roll for a distinctive flair. They also offer Thai specialty dishes such as Pad Thai, Pepper Steak, Sweet Basil Chicken, and Garlic Shrimp.

KHAN MONGOLIAN GRILL

608 Highway 165 N, Monroe
318.342.8668 | L, D
khanmongolian.com

Create your own meal here with a selection of rice or noodles and protein choices like chicken, shrimp, calamari, beef, and more. Next choose your spices, vegetables, fruit, and sauce. Then a grill master will cook your creation to perfection on an authentic Mongolian Grill.

RONIN HIBACHI GRILL

1119 Garret Road, Monroe
318.345.8868 | L, D

Gather friends around the hibachi grill as you are entertained by trained chefs or try a fresh sushi roll with local flair like the Louisiana Roll with tempura shrimp, snow crab, asparagus and mayo topped with fried catfish. For those wanting sashimi, nigiri or combos, there is a large selection of fresh fish, octopus, quail eggs, and crab.

TOYKO JAPANESE & SUSHI STEAK HOUSE

3462 Cypress Street, West Monroe
318.397.7588 | D

Sushi or Teppanyaki prepared before your very eyes! You'll enjoy the fried rice along with your choice of chicken, steak, shrimp, or lobster while being entertained.

LATIN

ALEX LATIN RESTAURANT & CAFETERIA

2105 North 7th Street, West Monroe
318.537.9393 | B, L, D

The Latin influence is tasted throughout the menu items from Chicken Milanese to the pulled pork sandwich. Enjoy Cuban coffee with your Honduran dinner. Finish off your meal with flan, rice pudding or tres leche for a far away trip for your taste buds.

HAVANA CAFE

3610 Desiard Street, Monroe
318.267.7578 | B, L, D
facebook.com/HavanaCafe318

Menu options include Cuban coffee and frappes, as well as sweet and savory crepes and bagels.

LATIN FOOD

1102 Thomas Road, West Monroe
318.605.2177 | B, L, D

Enjoy authentic Honduran favorites such as palomilla steak and pupusas. Don't forget to top it off with flan and a cafe con leche.

MEDITERRANEAN

ATHENA

1530 Sterlington Road, Ste. A & B, Monroe
318.855.8153 | L, D

[facebook.com/athenaofmonroe](https://www.facebook.com/athenaofmonroe)

Try their homemade chickpea hummus or spinach pie to start and then choose from salads, gyros, lamb chops, mousaka, shawarma, or distinctive kabobs. For lunch, there are unique specials to take you on a quick trip to the Greek Isles.

MEXICAN

ASADERO

1191 Lamy Lane, Ste 5, Monroe
318.654.4549 | L, D

[asaderotruemex.com](https://www.asaderotruemex.com)

Fresh ingredients and authentic taste!

AVOCADO'S

905 North 18th Street, Monroe | 318.600.6629
205 Constitution Drive, West Monroe | 318.570.5045
L, D

Here it is all about avocado – stuffed, fried, as a topping or in guacamole, you must try them all.

AZTECA GRILL

3610 Desiard Street, Monroe
318.605.3673 | L, D

[elaztecamonroe.com](https://www.elaztecamonroe.com)

Experience the authentic flavors of Mexico without leaving Louisiana!

BORDER MEXICAN GRILL

1304 Lamy Lane, Monroe
318.582.5536 | L, D

Enjoy a variety of Mexican-influenced specials. Try their Warhawk Special!

DON CHUY MEXICAN BAR AND GRILL

125 Constitution Drive, West Monroe
318.855.3990 | L, D

Serving all your favorites as well as Mountain Nachos, Mexico City Tortilla Soup, and Chile Colorado.

DON TOMAS TAQUERIA Y CANTINA

614 North 6th Street, Monroe
318.855.6060 | L, D

Look for the big bull, you can't miss him! You'll know you are where beef is on the menu. Tamales are available as well as seafood fajitas of shrimp, scallops, and tilapia.

EL AZTECA GRILL & BAR

4075 Sterlington Road, Monroe
318.322.8188 | L, D

[elaztecamonroe.com](https://www.elaztecamonroe.com)

This Old World setting of traditional Mexican meals serves a variety of menu offerings to meet the spices your taste buds are craving.

EL JARRITO MEXICAN GRILL

100 Constitution Drive, West Monroe
318.361.4465

3623 Cypress Street, West Monroe
318.397.7783 | L, D

[eljarrito1.com](https://www.eljarrito1.com)

Enjoy a variety of Mexican influenced specials! Step into the bright colors of Mexico and enjoy a variety of Mexican influenced specials. A Louisiana twist to the menu offers crawfish, shrimp and Tabasco to spice it up. Offering express lunches, and a wide variety of vegetarian dishes, you are sure to find a dish that will have you saying "Ole!"

EL PASO MEXICAN GRILL

1103 Glenwood Drive, West Monroe
318.600.3111

3211 Sterlington Road, Monroe
318.329.1044 | L, D

Casual spot with a menu of traditional Mexican dishes and margaritas, plus occasional live music.

EL SOMBRERO

407 Constitution Drive, West Monroe
318.322.4404 | L, D

[facebook.com/ElSombbreroofWMonroe](https://www.facebook.com/ElSombbreroofWMonroe)

Serving authentic Mexican dishes such as Camarones Diabla, Pescado Empanizado, and Mojarra Frita in addition to nachos, burritos, quesadillas, and more.

FIESTA LINDA

8649 Highway 165 North, Monroe
318.598.8023 | L, D

Casual Mexican dining that offers customary enchiladas that locals love. They also offer established menu items that have that south of the border flavor.

IRON CACTUS

1304 Highway 80 East, Calhoun
318.644.3663 | L, D

The Tex-Mex eatery serves the customary Mexican dishes, but if you are in the mood for something unique, try the deep-fried avocados stuffed with chicken or beef. Also on the menu, po' boys and hamburgers. They are known for their Mexican corn bread and fish tacos.

JAVI P'S

2020 Tower Drive, Monroe
318.998.5660 | L, D

[javipsfreshmex.com](https://www.javipsfreshmex.com)

Choose from burritos, tacos, quesadillas, salads, and bowls... then add what you like! This restaurant lets you customize the ingredients in your meal with fresh, delicious options.

TACO BANDIDO

2127 Forsythe Avenue, Monroe | 318.322.9556
3606 Cypress Street, West Monroe | 318.396.8210
L, D

Known for their great frozen margaritas, this hometown place serves burritos, nachos, tacos, chalupas, salads, and a six layer dip. For an American spin, try the taco burger.

TIENDA Y CARNICERIA DONA MARY

1104 Thomas Road, West Monroe
318.651.1286 | L, D

Serving authentic Mexican food.



SWEET TREATS

ALBRITTON'S CAKE HOUSE & BAKERY

3620 Cypress Street, West Monroe
318.396.0015 | B, L

A long standing bakery in the community. This family owned bakery has provided cakes for birthdays, weddings, and many family celebrations. You can walk in and get a specialty cookie for something sweet.

BAKE318

4900 Cypress Street, Suite 1, West Monroe
318.855.4871 | L

Family owned and operated, Bake318 is a small batch bake shop specializing in fresh, from scratch sweet and savory treats.

BAKERY BOUTIQUE

1530 Sterlington Road, Suite C, Monroe
318.600.6639 | L

Cupcakes are a specialty here! Sample the variety of flavors in the mini size cupcakes. Then order your favorite in full size. They also have beautifully decorated cake pops for a treat. Their fudge will indulge your tastebuds with a distinctive wine influence from Merlot to Chardonnay. Stop by for a sweet pleasure.

BAYOU CHOCOLATE

1836 Forsythe Avenue, Monroe
318.398.0036 | L
facebook.com/BayouChocolate

Specializing in all things chocolate! A huge selection from truffles, candies, chocolate-dipped pretzels, marshmallows, Oreos, strawberries, caramel apples, and more. These sweet treats make the perfect birthday, anniversary, or any occasion gift.

BUTTER: A LOUISIANA BAKERY

130 Desiard Street, Floor 1, Monroe
2001 Tower Drive, Monroe
318.855.3774 | B, L

This bakery specializes in gluten-free treats such as cakes, petit fours, cake pops, cookies, and cheesecake, as well as breakfast and lunch specials.

CAKE ON TRENTON

115 Trenton Street, West Monroe
318.855.3442 | L
musthavecake.com

Custom designed cakes, cookies, macarons, and other sweet treats.

CASTOR & CHICORY

405 Natchitoches Street, West Monroe
318.547.4005 | B, L

Serving beignets and cafe au lait, this food truck's menu has only grown. Get a beignet slider with fries for lunch, or add raspberry preserves to your dessert. This family-owned food truck sets up at various locations each day in Monroe, so check out their Facebook page to see when they'll be near you.

COWLICKS EXPRESS

6588 Cypress Street, West Monroe
318.654.7284 | L, D

Enjoy 15 fun flavors of yogurt with your choice of over 30 toppings. They also offer waffle cones and floats.

THE CUPCAKE SHOP

1324 N 7th Street, Suite 5, West Monroe
318.582.5717 | L

With nearly 30 different varieties of cupcakes, it's hard to pass up this sweet treat. Chocolate lovers can try the Mab's Fav, chocolate cake with chocolate icing, coconut, pecans, and a delectable drizzle. Looking for the perfect combo of salty and sweet? Check out The Elvis, a banana cake with peanut butter frosting and a chocolate drizzle.

ESKAMOE'S FROZEN CUSTARD & MORE

2800 Forsythe Avenue, Monroe | 318.325.5799
703 McMillan Road, West Monroe | 318.325.7575
8065 Highway 165 North, Sterlington | 318.665.0031
eskamoes.com | L, D

The unique cold treat can be enjoyed by itself, in a shake or the ever popular concrete. The Polar Crunch concrete, a mixture of custard, heath bar, butterscotch, and pecans, is a fan favorite. For a taste of the South, try a South Pole Specialty Sundae. Start with custard, then add peaches, strawberries, and bananas. Top with whipped cream and a cherry and you have yourself quite a treat.





LAGNIAPPE

ALLEY GATORS BAR & GRILL

100 Horselake Road, Monroe
318.325.2062 | L, D

Located inside Bayou Bowl, they offer burgers hot off the grill, chicken strips, fries, and more.

ARENA BILLIARDS BAR & GRILL

1411 Thomas Road, West Monroe
318.855.8818 | L, D

Serving hot dogs, hamburgers, and fish baskets. After you eat, you can rack 'em up on one of their 14 Diamond pool tables.

BAYOU GRILL

5120 Desiard Street, Monroe
318.343.0055 | L, D

Louisiana food such as seafood, po' boys, and bayou style burgers and sandwiches.

THE ELI

101 N Grand Street, Suite A, Monroe
318.538.1081 | D

Located upstairs from Restaurant Cotton in historic downtown Monroe, enjoy a one-of-a-kind atmosphere, handcrafted cocktails and a variation of small plates while overlooking downtown Monroe.

FIVE19 TAP HOUSE & TAPAS

519 Desiard Street, Monroe
318.600.3348 | L, D

Small plates, craft beer, wine, and full bar.

FOR HIS TEMPLE FAMILY FOODS

315 Wood Street, West Monroe
318.791.5956 | L
forhistemple.com

For His Temple Family Foods prepares healthy, nutrient dense meals using grass-fed meats and lots of clean veggies. Meals are 100% gluten-free, dairy-free, and primarily organic. Shop their

THE GARDEN GRILLE

400 Mane Street, West Monroe
318.398.0653 | B, L, D

Offers full breakfast, sandwiches, burgers, small plate steak, ribs, and more. Located inside the Hilton Garden Inn.

GEAUX WINGS

3600 Desiard Street, Ste D, Monroe
318.816.5110 | L, D
facebook.com/geauxwings

Order regular or boneless wings with your choice of sauces like Kickin' Bourbon, Sweet Red Chili, or Sour Cream and Onion. Also serving fried fish, cheese on a stick, and fried pies filled with apple, lemon, chocolate, and coconut.

KRAVINS RESTAURANT

705 Winnsboro Road, Monroe
318.801.9911 | L, D

Family owned restaurant offering wings, chicken strips, burgers, catfish, and more.

MOON LAKE MARINA

231 Moon Lake Road, Monroe
318.381.7700 | L, D

Located on the Ouachita River, this bar and grill offers Tuesday steak nights. You can always get a good hamburger or hot dog. If you are playing or fishing on the river or just driving up, this is a great casual place to relax. Open April 1st to Halloween.

PLANTER'S GASTROPUB

101 North Grand Street, Suite B, Monroe
318.325.0818 | D
plantersgastropub.com

Located in downtown Monroe above Restaurant Cotton, Planter's Gastropub offers pizzas, oysters, specialty drinks, and great river views.

UNDERDOGS

505 Constitution Drive, West Monroe
318.570.4912 | D
facebook.com/underdogsg Grill

Game day foods like burgers, po-boys, hot dogs, quesadillas, and wings.

PIZZA

JOHNNY'S PIZZA HOUSE

1600 North 18th Street, Monroe | 318.387.8668
801 South 2nd Street, Monroe | 318.323.4458
3501 DeSiard Street, Monroe | 318.343.2222
809 Warren Drive, West Monroe | 318.396.1346
102 Wallace Road, West Monroe | 318.396.5120
3001 Old Sterlington Road, Monroe | 318.343.2992
1126 Highway 139, Monroe | 318.345.0540
1200 Jonesboro Hwy, West Monroe | 318.322.9888
8611 Highway 165 North, Sterlington | 318.388.1458
johnnysph.com | L, D

This local favorite, in business for over 40 years, is home to the Sweep the Kitchen, which, as you may have guessed, is topped with everything they have. But for something a little different, try the seasonal Sweep the Swamp, topped with spicy, tender crawfish, shrimp, andouille sausage, taste of crab, bell peppers, onions, and jalapeno peppers!





REVIVAL

8707 Highway 165, Sterlington
318.582.5100 | L, D
revivalpizzacompany.com

Order one of their craft woodfired pizzas like the Kevin McCallister, Larry Bird, or Meat Sweats. Also on the menu are the Monte Cristo Eggrolls, Adult Hot Pockets, wings, and salads.

FLYING HEART BREWING & PUB

204 Commerce Street, West Monroe
318.367.0888 | L, D
flyingheartbrewing.com

Start off with a big pretzel or wings. Choose from pizzas like the Chicken Bacon Ranch, Mediterranean, or BBQ or create your own. Don't forget a pint of one of their specialty brews!

PIZZA FEST APIZZERIA

2207 Cypress Street, West Monroe
318.855.5006 | L, D
facebook.com/PizzaFestApizzeria

Order a house specialty pizza, like the Meat Fest, Cubano, or Fajita Chicken, or create your own. Also serving wings, salads, and stuffed knots.

TAKE OUT & FOOD TRUCKS

FOR DAILY FOOD TRUCK LOCATIONS,
PLEASE CHECK FACEBOOK PAGES

A FOOD A-FAIR

318.680.1690
All things fried! Try their deep fried boudin or fried apple pies.

BIG BOYS FOOD

318.331.4206
Known for their famous shrimp and grits and daily lunch specials. Items ranging from chicken baskets to pork chop sandwiches.

DEBBIE'S SNOWBALLS

4000 Cypress Street, West Monroe
318.376.7354 | L, D
Debbie has been serving up frozen snowballs and sweets in town for years. Her sweet treats include four flavors of ice cream (Peach, Strawberry, Chocolate, and Vanilla), and thirty-six different shakes.

FRENCHIE'S WAGONS

113 Smith Street, West Monroe
318.388.2097 | L
For a great meal on the run, try their delicious ham, beef, or shrimp po' boys, plate lunches, and burgers. Don't forget a side of fries or onion rings.

GIGI'S KOUNTRY KITCHEN

7129 Desiard Street, Monroe
225.223.4335 | L
Known for their large portions, Gigi's Kountry Kitchen has southern home-styled entrees and seafood.

KONA ICE OF NELA

318.372.4500
Flavor your own ice with Kona's self-serve flavor dispensers or choose from their countless flavors, including sugar-free, from the window.

RHODA BROWN'S HOG WASH CABOOSE

318.801.8123
This traveling food trailer is around town. Try the BBQ brisket nachos, sammies, or BBQ plates with brisket, sausage, ribs, or his award-winning pulled pork. He serves it up to go for you and the family to enjoy! Check their Facebook page for each day's location.

SKINNY PHIL'S

318.334.7441
Serving fish, shrimp, and chicken tacos. Try their famous acai bowls.

SOUTHSIDE CONEY ISLAND

1401 South 2nd Street, Monroe
318.322.2517 | L, D
Serving up burgers, chili dogs, fries, and onion rings. They also serve tamales, tacos, and burritos all to go.

TACOS EL VAQUERO

This food truck serves Monroe authentic Mexican street tacos. Choose from their selection of delicious tacos, burritos, quesadillas, or ponchos.

TASTE LIKE HEAVEN

318.953.1575
Famous for their fried food, Taste Like Heaven offers items ranging from catfish plates to fried green tomatoes. With their new veggie burger, there is something for all!

THURMAN'S FOOD FACTORY INC.

1608 Stubbs Avenue, Monroe
318.387.7848 | L
In the mood for a picnic? Award-winning caterer Thurman Dickie offers a bargain-boxed lunch-to-go. Daily lunches may feature local favorite Blend of the Bayou or Chicken and Dumplings, along with a southern vegetable, dessert, and tea. While you're there, pick up some cheese straws or fresh-baked cookies from the bakery.



FAMILIAR FAVORITES

APPLEBEE'S NEIGHBORHOOD GRILL & BAR

4911 Pecanland Mall Drive,
Monroe | 318.398.7319
applebees.com

BUFFALO WILD WINGS

205 Constitution Drive, Suite 4,
West Monroe | 318.651.0080
buffalowildwings.com

THE BURGER GRIND

1405 N 7th Street, West Monroe
318.570.5432 burgergrind.hungerrush.com

CATFISH KING RESTAURANT

305 Sterlington Road, Monroe
318.322.6115

CC'S COFFEE HOUSE

2350 Tower Drive, Monroe
318.737.7954
ccscoffee.com

CHICKEN SALAD CHICK

1201 Lamy Lane #7, Monroe
318.322.4425
chickensaladchick.com

CHILI'S GRILL & BAR

301 Constitution Drive,
West Monroe | 318.323.7112
chilis.com

CRACKER BARREL OLD COUNTRY STORE

309 Constitution Drive,
West Monroe | 318.325.5505
crackerbarrel.com

DOMINO'S PIZZA

1405 Sterlington Road, Monroe
318.387.9887
4920 Cypress Road,
West Monroe | 318.397.2800
dominos.com

EL SOMBRERO

407 Constitution Drive,
West Monroe | 318.322.4404
elsombreromexicangrill.com

FIVE GUYS BURGERS AND FRIES

205 Thomas Road, West Monroe
318.855.5982
fiveguys.com

FOX'S PIZZA

1250 Highway 15, West Monroe
318.654.4752
foxspizza.com

HUNT BROTHER'S PIZZA

503 Thomas Road, West Monroe
318.325.3455
huntbrotherspizza.com

IHOP

4205 Pecanland Mall Drive,
Monroe | 318.322.5424
202 Blanchard Street,
West Monroe | 318.362.0061
ihop.com

LOGAN'S ROADHOUSE

201 Constitution Drive,
West Monroe | 318.361.9961
logansroadhouse.com

LONGHORN STEAKHOUSE

4461 Pecanland Mall Drive,
Monroe | 318.387.1221
longhornsteakhouse.com

MCALISTER'S DELI

1202 Pecanland Road, Monroe
318.324.9219
198 Thomas Road, West Monroe
318.387.2345
mcalistersdeli.com

MIGHTY CRAB

4101 Pecanland Mall Drive,
Monroe | 318.807.8000

NEWK'S EATERY

2320 Tower Drive, Monroe
318.387.8484
811 Splane Drive, West Monroe
318.329.1922
newks.com

OLIVE GARDEN ITALIAN RESTAURANT

4781 Pecanland Mall Drive,
Monroe | 318.322.8450
olivegarden.com

OUTBACK STEAKHOUSE

305 Constitution Drive,
West Monroe | 318.387.6700
outbacksteakhouse.com

PAPA JOHN'S PIZZA

2820 Louisville Avenue, Monroe
318.387.6161
papajohns.com

PICCADILLY RESTAURANT

2203 Louisville Avenue, Monroe
318.325.5414
piccadilly.com

PIZZA HUT

109 Constitution Drive,
West Monroe | 318.323.8359
pizzahut.com

RED LOBSTER

4601 Pecanland Mall Drive,
Monroe | 318.361.0158
redlobster.com

ROLY POLY

302 Bridge Street, West Monroe
318.570.4148
rolypoly.com

SAMS SOUTHERN EATERY

216 Well Road, West Monroe
318.397.5141
300 Layton Avenue, Monroe
318.855.4042
samssoutherneatery.com

SMALLCAKES

1621 N 18th Street, Monroe
318.651-3796
smallcakescupcakery.com

SMOOTHIE KING

3212 Cypress Street,
West Monroe | 318.651.9345
1404 N. 18th St., Monroe
318.387.0037
smoothieking.com





STARBUCKS

ULM Student Center, Monroe
318.342.7827

1810 Forsythe Avenue, Monroe
318.323.7578
starbucks.com

TEXAS ROADHOUSE

108 Basic Drive, West Monroe
318.362.9988
texasroadhouse.com

WAFFLE HOUSE

2903 Sterlington Road, Monroe
318.387.6266

308 Thomas Road, West Monroe
318.325.3843

148 Well Road, West Monroe
318.397.2211
wafflehouse.com

WALK-ONS BISTREAUX AND BAR

205 Basic Drive, West Monroe
318.855.6319
walk-ons.com

WINGSTOP

2340 Sterlington Road, Monroe
318.388.8824

4920 Cypress Street,
West Monroe | 318.397.9464
wingstop.com

PECANLAND MALL FOOD COURT

4700 Millhaven Road,
Monroe | 318.322.4794

- Auntie Anne's
- Great American Cookies
- Chick-fil-A
- Chinese Gourmet Express
- Raising Cane's
- Sbarro
- We Dat's Chicken & Shrimp
- Yummy Japan



FAST FOOD RESTAURANTS

ARBY'S

BURGER KING

CAPTAIN D'S

CHICK-FIL-A

CHICKEN EXPRESS

CHURCH'S CHICKEN

DAIRY QUEEN

FIREHOUSE SUBS

JIMMY JOHN'S

KENTUCKY FRIED
CHICKEN

MCDONALD'S

POPEYE'S

RAISING CANE'S

SLIM CHICKEN

SONIC DRIVE-IN

SUBWAY

TACO BELL

WHATABURGER

WENDY'S

ZAXBY'S



TOP INSTAGRAMMABLE SPOTS AROUND TOWN

Visit any of these places to step your Instagram game up!

And don't forget to use the hashtag **#discovermwm**.

1



BLACK BAYOU LAKE NWR

480 Richland Pl, Monroe

The surrounding nature, the wildlife, and the bayou provide for many beautiful scenes to appreciate. Rent a canoe for an up-close picture of nature!

6



DOWNTOWN MONROE

DeSiard & North Grand Streets

Unique architecture, city lights, and a river walk! Snap a picture in the heart of Downtown Monroe or head inside one of the local restaurants for a different view. The Eli at Restaurant Cotton has old fashioned décor to make any picture pop or head to Miro's for a view of the Ouachita River.

2



ART ALLEY

Art Alley, Monroe

Rainbows, lightning bolts, hearts, and more! Art Alley's outside murals create the perfect, fun backdrop for any picture.

7



LANDRY VINEYARDS

5699 New Natchitoches Road, West Monroe

Go for the wine, stay for the pictures! Snap a picture in their tasting room or head down to the vineyard for an up-close look at their grapes.

3



BIEDENHARN MUSEUM & GARDENS

2000 Riverside Drive, Monroe

Grab a glass bottled coke for a nickel and snap a picture in the beautiful garden designed by Emy-Lou Biedenharn.

8



ULM'S CAMPUS

700 University Avenue, Monroe

The best views are on the bayou! Take a picture in front of the golden Warhawk or snap a picture by the beautiful Bayou Desiard. Rent a kayak for a different view of the campus!

4



ANTIQUE ALLEY

100-300 Blocks of Trenton Street, West Monroe

Snap a picture with the historic architecture of Antique Alley or head inside one of the many antique shops for a fun, quirky backdrop!

9



MURALS

Walnut Street, Monroe & Trenton Street, West Monroe

Show your love for Monroe-West Monroe by snapping a picture of the murals in the Twin Cities! Pro Tip: You can show your love for Coca-Cola products by snapping a picture at the Coca-Cola Murals in Downtown Monroe & West Monroe!

5



KIROLI PARK

820 Kiroli Road, West Monroe

Hidden gems and rustic bridges along their trails make for the perfect outdoor backdrop. Bring your furry friend and take a picture in the dog park!

10



THE OUACHITA RIVER

RiverMarket or Lazarre Park

There are many locations to take in this defining feature of our area. Head to Warehouse No. 1 or Trapp's for a delicious meal and a perfect river shot or swing by Forysthe Park levee to take in a stunning sunset! Fun Fact: The Ouachita River is listed as one of America's 10 most beautiful rivers by National Geographic.

outside the lines original:

HERRINGSTONES BOUTIQUE

Monroe-West Monroe is a shopper's delight, filled with unique antique stores, home goods, well-known chains, and on-trend fashionable boutiques. The spirit of creativity and innovation collide at Herringstone's boutique.

Herringstone's opened their doors in 1989, bringing a unique shopping experience to the area, and quickly becoming known for their trendsetting and affordable selections. Created by two sisters Debbie Herrington and Cindy Stone, this family business continued to expand. While the original store resides in Monroe, they have since branched out into other cities, bringing their innovative fashion to Lafayette, Youngsville, Houma, and Baton Rouge. With Debbie and Cindy still at the helm of their operation, a second generation of women has joined their leadership through the expansion, including daughters Hanna Herrington Laverne and Haley Herrington.

Debbie Herrington shared with us the inspiration behind their store, "We always loved fashion growing up as girls and we decided we wanted to do something more in line with mom and daughter shopping or a one-stop shop. Our store is designed for wardrobe building, not just to come in and buy one item. We wanted to have a wide variety, for both moms and daughters to have a shopping experience."

Alongside their innovative clothing selection, Cindy Stone says they want their customers to have an incredible experience when they shop, "We also really deliver and work hard with customer service, welcoming our customers, and making them feel good about themselves. You always want to make that person feel really good about themselves. So that when they do leave, they have a good shopping experience and feel good and excited about their event that they're going to or just every day work attire."

Explore the original Herringstone's location in Monroe, and you'll experience exactly what they're talking about. The store is open Monday-Friday 10am-6pm and on Saturdays 10am-5pm. You can also shop their website herringstonesboutique.com, or shop with them on social media with their Comment Sold Live events.



WHERE TO SHOP

Experience a little retail therapy at Pecanland Mall, area boutiques, or Antique Alley, a shopping district featuring more than antiques with boutique stores offering jewelry, clothing, purses, shoes, home décor, and more.



PECANLAND MALL

4700 Millhaven, Monroe
318.322.4635 | pecanlandmall.com

North Louisiana's largest shopping mall, anchored by Belk, JCPenney, and Dillard's. Browse through over 100 stores like Victoria's Secret, Buckle, Bath & Body Works, The Camouflage Shoppe, Co., Old Navy, H&M, Aerie, American Eagle, and so much more! It's also home to Cinema 10, a food court and Tilt the new indoor entertainment center! The shopping does not end inside the mall. In Pecanland Plaza, you will find Kohl's, Best Buy, Kirkland's, Target, Bed, Bath, & Beyond, Ross, and TJ Maxx.

ANTIQUÉ ALLEY

100-300 Blocks of Trenton Street, West Monroe
318.387.1933 | antiquealleyshops.org

Southern Living calls this a shopaholic's delight that has pretty much anything a shopper with eclectic tastes could want. Discover blocks and blocks of unique stores in beautiful downtown West Monroe with everything from home decor, jewelry, clothing, European and American antiques, art, and more. Stores are open Tuesday-Saturday, unless noted otherwise in each store's description.

ANTIQUÉ STORES ON THE ALLEY

COTTON PORT ANTIQUE MALL

323 Trenton Street, West Monroe
318.323.0090

Collectibles, Coca-Cola memorabilia, coins, books, primitives, advertising, records, glassware, giftware, baseball cards, and home decor.

MEMORY LANE ANTIQUES

301 Trenton Street, West Monroe
318.323.3188

Antiques from the New England area, furniture, collectible glassware, large selection of old books, and sports memorabilia.

OUACHITA RIVER TRADING COMPANY

225 Trenton Street, West Monroe
318.651.0409

Antiques, vintage clothes, linens, glassware, pottery, furniture, sports cards, and books.

POTPOURRI DE TANTE MARIE

312 Trenton Street, West Monroe
318.325.0103

Antique and vintage furniture, collectibles, home decor, and vintage jewelry. Natchez Solution and Nevr Dull products.

TRADITIONS

313 Trenton Street, West Monroe
318.322.7728 | traditionsontrenton.com

Fine English and French antiques, Majolica, French pottery, leather books, decorative accents, and 18th-19th Century furniture.

TRENTON STREET ANTIQUES

207 Trenton Street, West Monroe
318.387.1933

Antique store featuring furniture, estate jewelry, clocks, pocket watches, sterling silver, glassware, religious items, and original art.

SPECIALTY SHOPS ON THE ALLEY

BIG CHIEF MERCANTILE

698 Trenton Street, West Monroe
318.376.1963

Thrift and Consignment Store. Items ranging from shirts to wall decorations.

BLUSH BY SADIE C'S

231 Trenton Street, West Monroe
318.334.1600 | blushbysadiec.com

Bridal boutique carrying wedding dresses and bridesmaid dresses.

CLOUD 9

117 Cotton Street, West Monroe
318.651.0069

Incense, hand-poured candles, smoke shop, and supplies.

ELEVEN 26 BOUTIQUE

314 Trenton Street, West Monroe
318.737.7207 | facebook.com/eleven26boutique

A specialty boutique full of style with the latest trends of clothing, shoes, accessories, and gifts at affordable prices.

FIRST GLIMPSE ULTRASOUND AND BOUTIQUE

303 Trenton Street, West Monroe
318.807.4618

3D, 4D, & HD Live ultrasound studio carrying baby gifts, nursery gifts, clothing for newborn to 4T, maternity, and woman's wear for a truly unique experience.

INFINITY COMICS AND COLLECTIBLES

108 Cotton Street, West Monroe
318.582.5247

Buy, sell, and trade on all comics.

J.P. WINDOWS & DOORS

321 Trenton Street, West Monroe
318.325.1664 | jpwindowsanddoors.com

Specialize in custom windows, doors, repairs, installation, deer-stand windows, commercial, glass replacement, and siding.

JUST PEACHY

221 Trenton Street, West Monroe
318.600.3843

A shop that has it all – items ranging from the cutest women's clothes to fun wine glasses.

K-SERA BOUTIQUE

507 Trenton Street, West Monroe
318.410.1111

Women's apparel, accessories, and handbags including jeans, hats, belts, and shoes.

MALCOMB'S WOODCRAFTS & TREASURES

310 Trenton Street, West Monroe
318.322.7444

Woodcrafts, purses, wallets, jewelry, luggage, caps, scarfs, gifts, and snack bar.

MARTY AND MARK'S JEWELRY AND WATCH REPAIR

224 Trenton Street, West Monroe
318.341.2183

Jewelry and watch repair.

THE NUDE NOMAD

222 Trenton Street, West Monroe
318.582.1784

For the wanderlust at heart, your fashion adventure awaits you. Dresses, tops, shoes, accessories, and more.

THE PERFECT FIND DESIGNER JEWELRY & GIFTS

314 Trenton Street, West Monroe
318.789.1208

A unique jewelry and gift boutique offering handbags, home items, necklaces, bracelets, earrings, and more.

THE RUSTIQUE GATOR

232 Trenton Street, West Monroe
318.605.3005

Louisiana Flavor and Gifts! Boudin, Spices, Hot Sauces, Louisiana souvenirs and novelties, home and kitchen decor, and much more.

RUSTY NAILS & PEARLS BOUTIQUE

215 Trenton Street, West Monroe
318.355.8033

Women's clothing of all sizes along with shoes, accessories, and gift items.

SADIE C'S

231 Trenton Street, West Monroe
318.582.5085 | shopsadiec.com

A boutique where high style and excellent prices meet up with local love.

THE SPICE & TEA EXCHANGE OF WEST MONROE

229 Trenton Street, West Monroe
318.388.3920 | spiceandtea.com/westmonroe

Spices from around the globe, hand-mixed blends and rubs, salts, teas, and more.

THREE THREADS

115 Cotton Street, West Monroe
318.600.4282

Three Threads is an Art, Apparel, and Decor boutique thoughtfully curated by Louisiana artist, Sallie Bynum Anzelmo.

TRENDY CHICK BOUTIQUE

306 Trenton Street, West Monroe
318.388.0078

A small town boutique where you will find big city styles for ladies and gents of all ages at affordable prices.

THE TRENTON HOUSE GIFTS

300 Trenton Street, West Monroe
318.388.4315

Fine china, crystal, general gifts, and gourmet foods. Louisiana items as well as Louisiana Gift baskets.

WALSWORTH & COMPANY

311 Trenton Street, West Monroe
318.323.1454 | walsworthandco.com

Home furnishings and decor including pillows, rugs, accessories, and candles.



BOUTIQUE SHOPPING

ANITRA'S

811 North 4th Street, Monroe

318.322.7955 | anitraspromdresses.com

Specializing in prom dresses, bridesmaids dresses, and jewelry.

ASK DANCEWEAR

707 Highway 139, Monroe

318.345.0011 | askdancewearflorist.com

Specialty shop offering jewelry, handbags, shoes, and ASK Dancewear for children and adults.

BAYOU CRAFTERS MALL

2613 North 7th Street, West Monroe

318.325.6519

Merchandise made by area artists and craftsmen such as handmade furniture, personalized signs, ceramics, children's clothing, purses, jewelry, and more.

BIEDENHARN MUSEUM STORE

2000 Riverside Drive, Monroe

318.807.3210 | bmuseum.org

Home decor, Coca-Cola souvenirs, jewelry, local art, and gifts.

BLESSINGS BOOKSTORE AND MORE

110 Splane Drive, West Monroe

318.323.7440

A Christian retailer offerings books, cards, gifts, music, movies, and more.

THE BLUE LINE BOUTIQUE

2406 North 7th Street, West Monroe

318.816.2612 | thebluelineboutique.com

A ladies boutique with the latest trends in fashion!

BOB SALE GIFT & CAMERA

1111 North 4th Street, Monroe

318.322.3425

facebook.com/bobsalegiftandcamera

Known as Northeast Louisiana's Official LSU store! Ladies', men's and kid's apparel. Cameras, video transfer, and photo restoration.

THE BRIDAL SHOP AND KING OF HEARTS

1707 Hudson Lane, Monroe

318.322.6274 | king-of-hearts.com

Everything for your wedding or special occasion. Bridal, attendant, mother of the bride, flower girls, prom and more. Bridal line by Maggie Sottero. All accessories on site including dyeable shoes. And for the men, in-stock tuxedos, buy or rent. All access.

CARA'S

705 McMillan Road, West Monroe

318.387.3115 | shopcaras.com

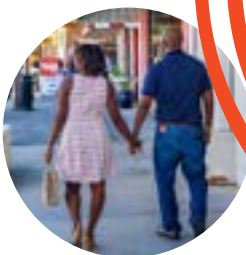
Womens junior, plus, and kid's clothing, shoes, handbags, and accessories.

C'EST LA VIE BOUTIQUE

302 Bridge Street Suite 3, West Monroe

318.582.5898 | cestlavieboutiquellc.com

Womens apparel and lifestyle boutique.



CHENNAULT MUSEUM GIFT SHOP

701 Kansas Lane, Monroe

318.362.5540 | chennaultmuseum.org

Books, historical gifts, and memorabilia.

CRAFTS GALORE, THE REBEL STORE

3327 Arkansas Road, West Monroe

318.396.9008 | therebelstore.com

A great place to find a Louisiana souvenir, they have over 200 Louisiana hot sauces, cookbooks, postcards, and more. They also carry Louisiana State University and New Orleans Saints merchandise, as well as their hometown team, the West Monroe Rebels.

THE DANCE WEARHOUSE

2400 Cypress Street, Ste. 44, West Monroe

318.322.4875

Meeting your dance needs with leotards, accessories, shoes, bags, and gifts for every dancer.

FABULOUS FABRICS

1803 Lamy Lane, Monroe

318.410.8106

Drapery and upholstery fabrics, silks, tassels, fringes, ready-made panels, pillow forms, rugs, drapery hardware, and some home decor.

FIESTA NUTRITION CENTER

1211 N 18th Street, Monroe

318.387.8446 | fiestanutrition.com

Fiesta Nutrition Center offers the finest quality fresh, natural, organic and whole foods, nutritional products, body care products, and health information.

THE GLAMOROUS BOUTIQUE

1003 Hudson Lane, Monroe

318.331.6181

Dresses, shirts, jumpsuits, and more!

HAVEN/INTELLIGENT DESIGNS

1127 Forsythe Avenue, Monroe

318.398.3298

Home furnishings from infant to adults, bedding, gifts, accessories, lamps, art, and a huge selection of baby gifts. Also offers interior design services.

HERRINGSTONES

1830 Forsythe Avenue, Monroe

318.388.2680 | herringstonesboutique.com

Ladies and junior apparel, denim, shoes, handbags, jewelry, and more.



J & H BOOTS AND JEANS

5218 Cypress Street, West Monroe
318.396.2407

The "Home of Western Elegance," stocked with over 10,000 pairs of boots, clothing and hats for men, women, and even children. Great supply of work boots and clothes as well.

KIM'S YOU NIQUE BOUTIQUE

302 Bridge Street, Suite 2, West Monroe
318.654.7332

Full service women's boutique that offers an array of fashion including clothing, jewelry, shoes, and skincare.

MATERIAL THINGS

2305 Forsythe Avenue, Monroe
318.699.8964

A specialty boutique offering misses apparel in sizes 0 to 16, cocktail attire, bath products, gifts, purses, jewelry, and hats. Also Erno Laszlo skin care and Michael Marcus cosmetics.

MER ROUGE WHOLESALE

9830 Highway 165 North, Sterlington
318.665.4793

Home decor, silk flowers, framed art, rugs, kitchenware, vintage metal signs, jewelry, handbags, and more.

MONOGRAMS UNLIMITED

2114 Forsythe Avenue, Monroe
318.387.5989 | monogramsunlimited.net

Baby goods, bags, aprons, and more items available for embroidery.

THE MUFFIN TIN

1904 Glenmar Avenue, Monroe
318.323.3753

Vera Bradley luggage, china, crystal, home decor, gourmet food products, kitchen items, candles, bath products, and more.

THE PAPER MARKET

1818 Forsythe Avenue, Monroe
318.537.9721 | papermarketmonroe.com

Specializes in paper and party supplies for weddings, birthdays, anniversaries, and more.

PARTERRE

813 Park Avenue, Monroe
318.323.7009 | parterremonroe.com

For the home and garden, stone statuary, fountains, planters, antiques, unique garden accessories, and exotic plants.

THE PATIO PLACE

1844 Forsythe Avenue, Monroe
318.605.2600 | patioplacemonroe.com

Patio and porch furniture, indoor and outdoor accessories, wicker furniture, grills and fire pits, umbrellas, and hammocks, from brands like Breezesta, Meadowcraft, Ancient Mosaic, Pawley's Island Hammocks, and Hanamint Powder.

PAUL MICHAEL COMPANY

2348 Sterlington Road, Monroe
318.812.7285 | paulmichaelhome.com

37,000 square feet of the latest in home decor including seasonal decor, art, candles, furniture, rugs, and so much more.

PHIRST IMPRESSION

7913 Desiard Street, Monroe
318.582.5688 | phirstimpression.com

A local haberdashery offering quality mens clothing and accessories.

QUILT 'N STITCH

6049 Cypress Street, West Monroe
318.396.6020 | quiltnstitch.com

Bernina sewing machines, fabric, books, notions, sewing supplies, embroidery supplies, heirloom supplies, quilting classes, and machine quilting for the public.

THE RETRO SHOP

4002 Desiard Street, Monroe
318.345.5353 | theretroshop.net

The Retro Shop is your source for classic rock band merchandise, gypsy and hippie clothing, posters, black lights, and hemp jewelry.

RIVER BELLES

2252 Tower Drive, Monroe
318.340.8003

A unique mother/daughter boutique featuring stylish clothing and fashionable accessories.

RIVER OUTFITTERS

2250 Tower Drive, Suite 103, Monroe
318.340.8003

A lifestyle/outdoor store with brands like The North Face, Life is Good, Costa del Mar, Sperry Topsider, Ugg Australia and more. Get outfitted for skiing, hiking, camping, hunting, and more.

RON ALEXANDER CLOTHIERS FOR MEN

1615 North 18th Street, Monroe
318.387.4409

facebook.com/ronalexanderclothiersformen

Men's clothing from casual and relaxed to formal attire, custom clothing, shoes, and a Tommy Bahama section.

SHARLASKI'S BOUTIQUE

2299 Louisville Avenue, Monroe
318.855.3855 | sharlaskiboutique.com

Women's accessories, bags, purses, shoes, and clothing.

THE TOGGERY

1400 North 18th Street, Monroe
318.388.4939 | thetoggery.com

Men's and women's apparel, shoes and accessories. Showcasing nationally-known, quality clothing from throughout the world.

UPTOWN GIRL BOUTIQUE

1109 North 4th Street, Monroe
318.398.4342

Furniture, home decor, gifts, candles, and baby.

WOODSTOCK FURNITURE REVIVAL

1806 North 3rd Street, Monroe
318.340.9830

Furniture, home decor, gifts, candles, baby items, and Mr. P's Tees, a local favorite!

THRIFTY FINDS

LOCAL THRIFT SHOPS OFFERING FURNITURE,
CLOTHING, ART, AND HOUSEHOLD ITEMS.

ATOMIC VINTAGE

500 Pine Street, Monroe
318.323.6700

THE ECCENTRIC

1131 Old Hwy 15, West Monroe
318.570.5643

FIRST WEST THRIFT STORE

1 Stella/Mill Streets, West Monroe
318.410.0999

ROLLING HILLS MINISTRIES THRIFT STORE

5339 Desiard Street, Monroe
318.381.8500

TRANSFORMATIONS THRIFT STORE

1200 Arkansas Road, West Monroe
318.582.5757



outside the lines original:

MARK ELLIOT, JR.

A few years ago Mark Elliot looked around and realized his hometown was filled with beautiful waterways, but there weren't many ways to access them. He came up with the idea to start a paddleboard and kayak shop—the closest one to here is in New Orleans. He wanted outdoor paddling adventures to be more accessible for locals and visitors alike. H2 Go Paddle Shop was born.

“We’ve seen a tremendous increase since our inception in 2016,” Elliott says, “We see a bright future for it. More and more people are getting the opportunity to get out and try paddling.”

Mark recommends different paddling locations for different personalities. For spotting wildlife and being surrounded by scenic nature views, he says Black Bayou Lake National Wildlife Refuge is a great spot. For an athletic challenge, and likely a more intermediate skill set, he recommends the Ouachita River where you can cover anywhere from 11 to 20 miles depending on where you put in. To paddle past beautiful homes and the University of Louisiana at Monroe, he suggests Bayou Desiard.



“We’re in the process of beginning tours, so folks that are wanting to come in and have a guided tour, we’ll have that feature available so you don’t have to go alone. We can show you pointers on paddling techniques and safety so you can completely feel comfortable while you’re out on the water,” Elliott says.

For those who love paddling in a group, check out H2 Go’s monthly events. At Paddle and a Pint, kayakers and paddleboarders hit the Ouachita River, pushing off from Forsythe Park Boat Launch and ending at Trapp’s in Downtown West Monroe. Friday Night Lights is a group paddle that takes place during the summer at Black Bayou Lake National Wildlife Refuge to catch the sunset. Plus, catch local competition events on the Ouachita River, like kayak races and kayak fishing tournaments.



GET OUTDOORS

Monroe-West Monroe is located in Northeast Louisiana, aka Sportsman's Paradise. From outdoor experiences to sporting goods stores, we've got everything you need to enjoy the great outdoors!



OUTDOOR/SPORTING GOOD STORES

THE CAMOUFLAGE SHOPPE
4700 Millhaven Road, Monroe
318.323.8692 | camouflageshoppe.com
Brand name hunting gear and apparel.

DUCK COMMANDER STORE
117 Kings Lane, West Monroe
318.387.0588 | duckcommander.com
The Robertson family, stars of A&E's hit show Duck Dynasty, have a store at their facility in West Monroe. Shop for souvenirs from your favorite bearded family like shirts, hats, Phil's special seasoning, books, duck calls, and more.

H2 GO PADDLE
2814 Desoto Street, Monroe
318.372.8801 | h2gopaddle.com
Rent kayaks or stand up paddle boards from this shop! Load them in your vehicle and head to the Ouachita River, Black Bayou Lake National Wildlife Refuge, or Bayou Desiard. Plus, this shop sells specialty accessories and gear for paddling and camping adventures.

H. MICKEL SPORTS
2106 Forsythe Avenue, Monroe
318.388.2375 | hmickelsports.com
Athletic wear, sporting goods, apparel, footwear, seasonal sports equipment, local high school apparel, and gear.

HONEY HOLE TACKLE SHOP
2916 North 7th Street, West Monroe
318.323.8707 | honeyholetackleshop.com
Complete stock of all fishing equipment and apparel. Fishing tackle and licenses available.

S&J FARM AND FEED
250 Washington Street, West Monroe
318.388.5858
Hunting gear and Western wear.

TOLEDO TACKLE
1106 Oliver Road, Monroe
318.343.2596
5129 Cypress Street, West Monroe
318.396.3600
Toledo Tackle is fishing focused with hunting and archery gear, Costa Sunglasses. Hunting and fishing licenses available.

TP OUTDOORS
101 Mill Street, West Monroe
318.322.4474
3000 Breard Street, Monroe
318.388.3788 | tpoutdoors.com
Family-owned hunting store. Large selection of fishing and hunting gear from guns and ammo to clothing and stands. Shooting range and hardware in West Monroe location. Hunting and fishing licenses available.

GOLF
CHENNAULT PARK GOLF COURSE
8475 Millhaven Road, Monroe
318.329.2454
An 18-hole, par-72, 7,042-yard municipal course with flat wooded landscape. Driving range and carts with GPS systems. Check out the 2007 Buick Open Winner Brian Bateman's trophy display.

FRENCHMAN'S BEND GOLF & HEALTH CLUB
1484 Frenchman's Bend Road, Monroe
318.387.2363
This beautiful, semi-private, championship 18-hole, par-72 golf course features undulating greens, 5 sets of tees, driving range and restaurant. The tips play at 6,900 yards.

MUNICIPAL GOLF COURSE IN FORSYTHE PARK
2500 Sycamore Street, Monroe
318.807.0534
Better known as "Mun," this 9-hole, regulation-length golf course with driving range can give a golfer a fun experience at any skill level.



PARKS

CHENIERE LAKE PARK

104 Cheniere Lake Road, West Monroe
318.387.2383

Beautiful 3,000 acre lake with cypress trees, covered picnic areas, playground, boat launches and climate-controlled lodge available for weddings, receptions, and reunions.

CHENNAULT PARK

8475 Millhaven Road, Monroe
318.329.2454

500 acres laced with full-grown oaks, 18-hole golf course, 36-hole disc golf course, horseshoe pitching courts, softball field, picnic areas, paved walking/jogging trail, Northeast Louisiana Soccer Complex, and the Northeast Louisiana Delta African American Heritage Museum.

FORSYTHE PARK

2300 Sycamore, Monroe
318.329.2442 | monroela.us

A neighborhood park encompassing over 53 acres with picnic areas with metal and wooden pavilions, park restrooms, bandstand/stage area, a 9-hole golf course, putt-putt golf, tennis courts, softball, soccer fields, and children's park. Beach volleyball courts, a jogging path, and a public boat launch are located over the levee along the Ouachita River.

KIROLI PARK

820 Kiroli Road, West Monroe
318.396.4016

160 acres of park with forested areas and large playing areas, including the Smiles Park an all-inclusive park where all kids can play and the Raising Cane's Dog Park, which is separated into two sections for large and small dogs. Jogging and nature trails, a fishing pond, beautiful gardens, covered picnic areas, and a theatre stage for performances. Home to the Ballet Under the Stars in the spring. A climate-controlled lodge is great for receptions and family reunions.

LAZARRE PARK

Corner of Hamilton & Thompson Street,
West Monroe | 318.396.4016

Located over the levee along the Ouachita River, this park is a great place to launch your boats or kayaks on the Ouachita River. It also features two 18-hole disc golf courses!

RESTORATION PARK

700 Downing Pines Road, West Monroe
318.322.8903

Home of the original heron, a beautiful 70-acre forest and wetland park with several overlooks and a 1.2-mile stone trail for jogging, walking, or relaxing. Surrounds a scenic lake with native cypress trees draped with Spanish moss.



WILDLIFE REFUGES/AREAS

BLACK BAYOU LAKE NATIONAL WILDLIFE REFUGE

480 Richland Pl, Monroe
318.387.1114

fws.gov/refuge/black_bayou_lake

Beautiful 1,600 acre cypress-studded lake, nature trail, pier, wildlife observation deck, visitor/education center, and arboretum. Fishing and hunting opportunities. Canoes and kayaks available for rent.

D'ARBONNE NATIONAL WILDLIFE REFUGE

Highway 143 in Union Parish - 10 miles north of West Monroe, Farmerville
318.726.4222 | fws.gov/darbonne

Hunting, fishing, wildlife observation and photography. Boat launch, observation tower, and walking trails. Scenic Bayou D'Arbonne.

OUACHITA WILDLIFE MANAGEMENT AREA

120 Bud Smith Road, Monroe
318.343.4044 | wlf.louisiana.gov

This bottomland hardwood forest restoration-in-progress is nestled on 8,747 beautiful acres and features three reservoirs located on an agricultural tract and offers crawfishing opportunities, as well as fishing for bluegill, crappie, and largemouth bass. A camping area that is located on eight secluded acres is also available.

RUSSELL-SAGE WILDLIFE MANAGEMENT AREA

7 miles east of Monroe, Monroe
318.343.4044 | wlf.louisiana.gov

Within the Bayou Lafourche flood plain.

UPPER OUACHITA NATIONAL WILDLIFE REFUGE

Along the Ouachita River - Union and Morehouse Parishes, Farmerville
318.726.4222 | fws.gov

Hunting, fishing, wildlife observation, and photography. Boat launch and accessible fishing pier. Scenic river road.



OUTDOOR ACTIVITIES

H2GO PADDLE

411 Desiard Street, Monroe
318.372.8801

H2Go Paddle offers rentals of kayaks and paddle boards as well as guided tours to connect you to the beautiful waterways within Ouachita Parish and North Louisiana. They also carry all the essential gear needed to enjoy a great day on the water!

OUACHITA RIVER

Noted as one of the most beautiful rivers in the world, the Ouachita (pronounced Wash-i-taw) River joins our two cities. With access points at Lazarre Park, Forsythe Park boat docks, and Moon Lake Marina, the Ouachita River offers fishing opportunities throughout the year. During the summer, activities include skiing, wakeboarding, tubing, and more.

OUACHITA PARISH SHERIFF'S OFFICE TRAINING CENTER AND PUBLIC RANGE

357 Sheriff Richard Fewell Road, West Monroe
318.807.1188

The Public Range at the OPSO Training Center includes a Firing Range as well as an Archery Range. The Archery Range features a youth area, elevated shooting, a walk-thru bag, and 3D range.

CAMPING/RV PARKS

BAYOU D'ARBONNE CAMPING

642 Pinecrest Road, West Monroe
318.396.1025

Just 5 miles north of I-20 on beautiful Bayou D'Arbonne. This campsite offers 18 RV spots, 24 camping spots, 40-person lodging, 7 tent spots with bath facilities, 3 tent sites without utilities along bayou frontage, dumpsite, laundry room, and cable (long-term). Reservations recommended.

BAYOU BOEUF RV & CAMPGROUNDS

11791 Highway 165 North, Sterlington
318.665.2405 | bbrvp.weebly.com

48 RV spots with full hook-ups, bath facilities, free wifi, dumpsite, and laundry room.

CHENIERE LAKE PARK

104 Cheniere Lake Road, West Monroe
318.387.2383 | oppj.org

Offers 8 RV spots, 2 camping spots, bath facilities, and laundry room. Just minutes from town. Located on a beautiful 3,000-acre lake.

OUACHITA RV PARK

7300 Frontage Road, Monroe
318.343.8672 | ouachitarvpark.com

Offering 62 RV spots, tent area, bath facilities, dump station, laundry, pool, free wifi, and meeting room.

PAVILION RV PARK

635 Mane Street, West Monroe
800.322.4216 | pavrv.com

Right in town and right off I-20. This site offers 101 full hook-up RV spots and 10 cabins. Bath facilities, pool, nearby dumpsite, laundry room, cable, wi-fi, playground, and club room. Big rig friendly.

PECANLAND RV PARK

2300 Garrett Road, Monroe
318.343.4850

29 concrete spaces with full hook-ups, bath facilities, and laundry room. Located just south of Pecanland Mall.



local spotlight:

HERONS ON THE BAYOU

In 2019, a flock of 51 beautifully painted herons landed in Monroe-West Monroe thanks to the creative genius of Brooke Foy, the creator of Herons on the Bayou and community project powerhouse. This project brought art, business, and the community together. In 2021, more than 30 additional herons are joining the flock. Foy shares a bit about the project below.

WHY A HERON?

The heron was the culmination of many beautiful conversations with friends, artists, community leaders and strangers. We went through so many ideas and when the Heron was mentioned it IMMEDIATELY stuck and felt right for all involved. It can be found about anywhere near water and we have plenty of that.

WHAT DOES ART DO FOR A COMMUNITY?

Art means culture and opportunity. The arts have the opportunity to impact everything from visual landscape, economy, infrastructure, education system and more. Art can shape a community and that is my driving force for Monroe-West Monroe.

DO YOU HAVE A FAVORITE HERON?

YES... but I can't tell you.

Download a map and go on a Heron Hunt at monroe-westmonroe.org/HeronHunt!



“The heron was so intriguing to me because it was an animal that we have here that you must look for and find.”

– BROOKE FOY

ULM ASSISTANT PROFESSOR
OF ART, DOWNTOWN ARTS
ALLIANCE PRESIDENT



ARTS & ENTERTAINMENT

Explore the vibrancy of Monroe-West Monroe with these entertainment options and our rich arts and culture offerings.

FUN & ENTERTAINMENT

ALTITUDE MONROE

710 North 32nd Street, Monroe
318.323.5867 | altitudemonroe.com

Kids will love this trampoline park with a jousting area, foam pit, and dodgeball areas. Available for parties.

EXCALIBUR FAMILY FUN CENTER

455 Cheniere Drew Road, West Monroe
318.396.8800 | excaliburfun.com

Upon entering this fun castle, you are faced with a soaring rock wall, right at the center of a room full of arcade games and giant indoor playground. A covered walkway brings you to a 3,000-square-foot laser tag course. Outside you will find two go-kart tracks, batting cages and miniature golf.

SAVAGE AXE

1812 Tower Drive, Monroe
318.855.4333

Axe-throwing entertainment at its finest. This cool spot features multiple lanes, pool tables, a full bar, and a menu of burgers and appetizers.

SPARTAN ADVENTURE PARK

2257 Louisville Avenue, Monroe
318.460.8160 | spartanadventurepark.com
Trampoline Park, Golf, VR stimulators, and more!

SURGE ENTERTAINMENT CENTER

220 Mane St., West Monroe
318.536.2695 | surgefun.com/locations/WestMonroe

Entertainment center by Drew Brees includes bowling, golf simulators, karaoke rooms, arcade games, extreme activities, a full kid friendly restaurant, and so much more.

TILT STUDIO

4700 Millhaven Road #6702, Monroe
318.460.1685 | tiltstudio.com

Located inside Pecanland Mall. Play an exciting game of laser tag, bumper cars, or challenge everyone to a round of mini bowling or mini golf. Grab a snack before playing your favorite video, ticket, or merchandise games.

SOUTHERN ESCAPE ROOM

607 Louisville Avenue, Monroe
318.537.6068 | southernescaperoom.com

This exciting and interactive entertainment experience will have your heart pounding and your adrenaline pumping as you race to discover hidden clues and solve cryptic puzzles to find your way out. This game will teach you to think outside the box, to use your senses and to work as a team.

MOVIES

CINEMA 10

4700 Millhaven Road #1104, Monroe
318.325.4760 | cinemark.com

Take a break from shopping in Pecanland Mall and catch a movie at this 10-screen complex.

TINSELTOWN

220 Blanchard Street, West Monroe
318.398.0882 | cinemark.com

Today's hottest films are playing right here at this 17-screen movie complex.

SKATING

SKATETOWN

3151 Sterlington Road, Monroe | 318.387.7051
105 Division Street, West Monroe | 318.388.2405

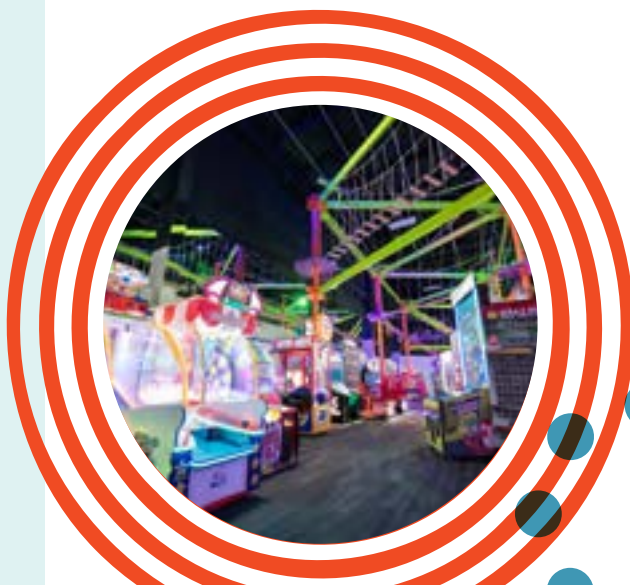
Fun for all ages with a skating rink, arcade games, and a snack bar. Specializing in parties, church groups, school groups, and private parties. They do all the work—you have all the fun!

BOWLING

BAYOU BOWL

100 Horseshoe Lake Road, Monroe
318.325.2062 | bayoubowl.com

Get ready to have a ball at this 40-lane center with pool tables, arcade, lounge, and full-service snack bar.



ANNUAL EVENTS

MARDI GRAS

Monroe-West Monroe is home to two krewes during Mardi Gras season. The Krewe of Janus parade rolls each year on a day full of activities with a Children's Parade, Pet Parade, and festival. The Twin Cities Krewe de Riviere is the newest krewe to join the fun includes both a men and ladies stomp group.

LOUISIANA STATE GAMES

louisianastategames.com

The Louisiana State Games is a sports festival with competition in over 15 sports such as pickleball, track, baseball, softball, basketball, and powerlifting for participants of all ages and skill level. Winners move on to compete in the State Games of America.

CHRISTMAS ON THE RIVER

christmasontheriver.org

Holiday fun from November 11 to December 31 with light displays, parades, fireworks, live entertainment, and shopping.

THE ARTS

LOUISIANA DELTA BALLET

710 Highway 139, Monroe
318.345.1155 | louisianadeltaballet.com

It is Louisiana Delta Ballet's goal to bring quality ballet to North Louisiana. The Company consists of pre-professional dancers from a sixteen parish area of North Louisiana. LDB has become a vessel for dancers to pursue a professional dance career and has also contributed to an increase in the appreciation for the arts in the community.

MONROE SYMPHONY ORCHESTRA

700 University Ave, Monroe
318.812.6761 | monroesymphonyorchestra.com

Providing live, symphonic music of high artistic quality for the education and enjoyment of the people of Northeast Louisiana and the region.

NORTHEAST LOUISIANA ARTS COUNCIL

2305 North 7th Street, West Monroe
318.396.9520 | nelaarts.com

The Arts Council of Northeast Louisiana seeks to nurture a vibrant regional arts culture through support, promotion, and education.

STRAUSS THEATRE CENTER

1300 Lamy Ln., Monroe
318.323.6681 | strausstheatrecenter.com

Strauss Theatre is home to a variety of stage performances throughout the year. Providing dramas, comedies, and good times for the entire family. The staff and cast members contribute a strong artistic force in the Northeast Louisiana region.

STRAUSS YOUTH ACADEMY FOR THE ARTS

1300 Lamy Ln., Monroe
318.812.7922
straussyouthacademyforthearts.com

Strauss Youth Academy for the Arts offers the very first comprehensive programming in the arts for youth in Northeast Louisiana. SYAA encourages youth to get involved, be creative and to have fun while learning.



TWIN CITY BALLET COMPANY

2905 Desoto Street, Monroe
318.388.3011 | twincityballet.org

Founded in 1970, the Twin City Ballet Company is a premiere regional dance company committed to community enrichment through artistic and educational excellence throughout Northeast Louisiana. Twin City Ballet Company achieves and inspires excellence in dance by offering mastery of the discipline, outstanding performances, and community education/outreach.

UNIVERSITY OF LOUISIANA AT MONROE VISUAL AND PERFORMING ARTS

700 University Avenue, Bieden Harn Hall, Monroe
318.342.3811 | ulm.edu/vapa

VAPA programs are designed to develop expertise, challenge creativity, and fuel a passion for the arts!

ART GALLERIES

FRANK KELLEY JR. CREATIVE PAINTINGS GALLERY

410 North 6th Street, West Monroe
318.387.0043 | frankkelleyjr.com

Works include paintings of rural life, exciting abstracts, celebrated jazz, and southern life. Over 150 paintings.

DOWNTOWN GALLERY CRAWL

downtowngallerycrawl.com

A self-guided tour of the galleries in Downtown Monroe and West Monroe. The Crawl is held the first Thursday of every other month from February to December from 5:00 to 9:00 pm, rain or shine. Mediums displayed at each gallery vary and may include paintings, drawings, photography, pottery, sculpture, jewelry, and more. You will discover works of talented artists as you move from historic architectural jewel to the next with art, music, and local cuisine set against a hip, downtown backdrop overlooking the Ouachita River.

Visit facebook.com/downtowngallerycrawl for participating galleries.



NIGHTLIFE

BRASS MONKEY PUB & PATIO

521 Desiard St, Monroe
318.537.9233

A cool, funky pub located in Historic Downtown Monroe! Open 7 days a week with happy hour till 7 pm. Full bar with specialty cocktails and mules. This bar has a delicious selection of food featuring burgers, shrimp bangers, and loaded monkey tails!

ENOCH'S IRISH PUB AND CAFE

507 Louisville, Monroe
318.388.ENOC | enochsirishpub.com

Irish pub. Live music throughout the week. Founder of the NELA Celtic Festival.

FLYING HEART BREWING & PUB

204 Commerce Street, West Monroe
318.367.0888 | flyingheartbrewing.com

This brewery produces beers from light and hoppy to spicy and dark. This new addition to Downtown West Monroe also offers live music, yard games, craft cocktails, and more!

FLYING TIGER BREWERY

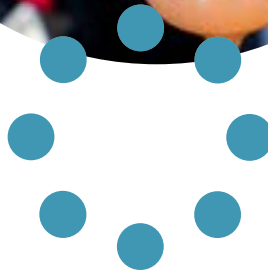
506 North 2nd Street, Monroe
318.547.1738 | flyingtigerbeer.com

Flying Tiger Brewery brews and cans their Heroic beverages in Downtown Monroe. Their facility is home to a brewhouse, taproom, patio, and large outdoor green space.

HARVEY'S DANCE HALL

500 DeSiard Street, Monroe
318.325.5026

Dance hall offering dance lessons and open dancing. Ballroom, country, line dancing and salsa. Family-friendly, no smoking.



SHENANIGANS

717 North 6th Street, Monroe
318.322.2343

M-F Happy hour 2-8, Sat- Happy hour 10-6, Sun- Happy hour 12-6, Trivia Tuesday nights 10-2, \$7/hr pool play.

THE ARENA BILLIARDS BAR AND GRILL

1411 Thomas Road, West Monroe
318.388.6967

Fourteen Diamond pool tables and karaoke on Wednesday.

THE HUB MUSIC HALL: THE MURPHY ROOM

201 Washington St., Monroe
318.325.9837 | thehubmonroe.com

The Murphy Lounge is a 1,200-foot haven for professionals, artists, and enthusiasts seeking a simple and contemporary atmosphere. Located in the heart of downtown Monroe, this place offers great music, and amazing cocktails. Enjoy a nice happy hour to unwind.



WHAT'S YOUR PERSONALITY TYPE?

Take the quiz, and get a personalized itinerary to start planning your trip!

1

First off - in your friend group, which one are you?

- A. The Spontaneous One
- B. The Laid-back One
- C. The Creative
- D. The Caretaker

5

How do you want to impact the world?

- A. By bringing light and hope.
- B. By creating peace.
- C. By loving others.
- D. By creating new things.

2

What do you do at parties?

- A. First one on the dance floor!
- B. Immediately make friends with the house pets.
- C. Bring food for everyone!
- D. Plan the games.

6

What motivates you in life?

- A. Excitement and fun!
- B. Inner peace.
- C. Compassion for others.
- D. New ideas.

3

Which is your favorite date idea?

- A. New dinner spot and then dancing.
- B. Afternoon kayak.
- C. Volunteering at the local food bank.
- D. Create your own scavenger hunt.

7

What do you value most in others?

- A. Humor
- B. Consistency
- C. Loyalty
- D. Intelligence

4

Choose an inspiring quote.

- A. "To live is the rarest thing in the world. Most people just exist." - Oscar Wilde
- B. "Inner peace is being confident you'll be okay no matter what life throws at you." - Eric Owens
- C. "The best way to find yourself is to lose yourself to the service of others." - Gandhi
- D. "You can't use up creativity. The more you use, the more you have." - Maya Angelou

**see results on
the next page!**



which one are you?

mostly A: VIBRANT BLAZE

You are full of energy and optimism, always bringing the fun! People love your sense of humor and your adventurous spirit. For you, "Outside the Lines" means discovering unique experiences.

mostly B: TRANQUIL BAYOU

You are a steady calm. People love your laid-back attitude and are comforted by your steady presence. For you, "Outside the Lines" means finding a moment of calm beyond the chaos.



mostly C: VISIONARY SKIES

You are creative, and your ideas are limitless. People love your sense of wonder and imagination. For you, "Outside the Lines" means that new ideas are endless.

mostly D: FRIENDLY WAVES

You are compassionate, and you genuinely care for others, never meeting a stranger. People love your kind spirit and your knack for hospitality.

View a curated travel itinerary
perfect for your personality type:

[MONROE-WESTMONROE.ORG/PERSONALITYTYPES](https://monroe-westmonroe.org/personalitytypes)

discover monroe-west monroe • hotel amenities

	Total Rooms	Free Breakfast	Free WiFi	In-House Restaurant	Meeting Rooms	Laundry	Gym	Indoor Pool	Outdoor Pool	Extended Stay	Handicap Room	Microwave	Refrigerator	Pets Welcome
America's Best Value Inn	67		•						•		•	•	•	•
Best Western - Airport Inn	56	•	•			•			•		•	•	•	
Best Western - West Monroe	47	•	•			•			•		•	•	•	
Budget Inn	32		•			•			•			•	•	
Comfort Inn	67	•	•				•		•		•	•		•
Comfort Suites - Monroe	68	•	•		•	•	•		•		•	•	•	
Comfort Suites-West Monroe	50	•	•		•	•	•	•			•	•	•	•
Courtyard by Marriott	90		•	•	•	•	•				•	•	•	
Cypress Inn Motel	22	•								•		•	•	•
Days Inn	47		•			•			•		•	•	•	•
Economy Inn	42		•									•	•	•
Fairfield Inn & Suites	84	•	•		•	•	•		•		•	•	•	
Hamilton House Inn	5	•	•			•						•	•	•
Hampton Inn, West Monroe	84	•	•		•	•	•		•		•	•	•	
Hampton Inn & Suites Monroe	84	•	•		•	•	•		•		•	•	•	
Hilton Garden Inn	134		•	•	•	•	•	•			•	•	•	
Holiday Inn Express	88	•	•		•	•	•		•		•	•	•	•
Home2 Suites West Monroe	98	•	•		•	•	•		•		•	•	•	•
LaQuinta Inn & Suites	86	•	•		•	•	•		•		•	•	•	•
Logtown Plantation	4	•										•	•	
Monroe Inn	28		•									•		
Motel 103	26		•											
Motel 6 - North	129		•			•					•	•	•	•
Motel 6 - West Monroe	100		•			•					•	•	•	•
OYO Monroe	90	•	•			•	•	•			•	•	•	•
Quality Inn-Monroe	65	•	•			•	•		•		•	•	•	
Quality Inn & Suites	77	•	•			•	•		•		•	•	•	•
Red Roof Inn-Monroe	79		•								•	•	•	•
Red Roof Inn - West Monroe	67	•	•								•	•	•	•
Residence Inn	66	•	•			•	•			•	•	•	•	•
Studio 6 Extended Stay	72		•			•			•	•	•	•	•	•
Super 8 Motel - Monroe	40	•	•						•		•	•	•	•
Super 8 Motel - West Monroe	75	•	•						•		•	•	•	•
TownePlace Suites	88	•	•			•	•		•		•	•	•	•
Wingate by Wyndham	63	•	•			•	•	•			•	•	•	•
WoodSpring Suites - Extended Stay	120		•			•				•	•	•	•	•

ATTRACTIONS

- 1. Altitude Trampoline Park**
710 North 32nd Street, Monroe
318.323.5867
- 2. Antique Alley**
698 Trenton Street, West Monroe
318.388.3920
- 3. Art Alley**
215-131 North 2nd Street, Monroe
- 4. Bayou Bowl**
100 Horseshoe Lake Road,
Monroe | 318.325.2062
- 5. Biedenharn Museum & Gardens**
2006 Riverside Drive, Monroe
318.387.5281
- 6. Black Bayou Lake National
Wildlife Refuge**
480 Richland Place, Monroe
318.387.1114
- 7. Cheniere Lake Park & Lodge**
104 Cheniere Lake Drive, West
Monroe | 318.387.2383
- 8. Chennault Aviation & Military
Museum**
701 Kansas Lane, Monroe
318.362.5540
- 9. Chennault Park & Golf Course**
8475 Millhaven Road, Monroe
318.329.2454
- 10. Cinema 10**
4700 Millhaven Road, Monroe
318.325.4760
- 11. Cooley House**
1011 South Grand Street,
Monroe | 318.329.2237
- 12. Duck Commander**
117 Kings Lane, West Monroe
318.387.0588
- 13. Excalibur Family Fun Center**
455 Cheniere-Drew Road,
West Monroe | 318.396.8800
- 14. Flying Heart Brewery**
204 Commerce Street,
West Monroe | 318.367.0888
- 15. Flying Tiger Brewery**
506 North 2nd Street, Monroe
318.547.1738
- 16. Forsythe Boat Ramp**
2300 Sycamore Street, Monroe
318.329.2458
- 17. Forsythe Park & Municipal
Golf Course**
2300 Sycamore Street, Monroe
318.329.2458
- 18. Frenchmen's Bend Golf Course**
1484 Frenchmans Bend Road,
Monroe | 318.387.2363
- 19. H2Go**
2814 DeSoto Street, Monroe
318.732.9533
- 20. Ike Hamilton Expo Center**
501 Mane Street, West Monroe
318.325.9160
- 21. Kiroli Park**
820 Kiroli Road, West Monroe
318.396.4016
- 22. Landry Vineyards**
5699 New Natchitoches Road,
West Monroe | 318.557.9050
- 23. Layton Castle**
1133 South Grand Street, Monroe
318.322.4869
- 24. Lazzarre Park**
703 South Riverfront Street, West
Monroe | 318.396.4016
- 25. Louisiana Delta
Community College**
7500 Millhaven Road, Monroe
318.345.9000
- 26. Louisiana Purchase Gardens
and Zoo**
1405 Bernstein Park Road,
Monroe | 318.329.2400
- 27. Market at 7th Square**
1700 North 7th Street,
West Monroe | 318.322.2203
- 28. Masur Museum of Art**
1400 South Grand Street, Monroe
318.329.2237
- 29. Monroe Civic Center**
401 Lea Joyner Memorial
Expressway, Monroe
318.329.2225
- 30. Monroe Regional Airport**
5400 Operations Road, Monroe
318.329.2461
- 31. Northeast Louisiana African
American Delta Heritage
Museum**
1051 Chennault Park Road,
Monroe | 318.342.8889
- 32. Northeast Louisiana
Children's Museum**
323 Walnut Street, Monroe
318.361.9611
- 33. Ouachita Parish Sheriff's
Office Rifle Range**
357 Sheriff Fewell Road, West
Monroe | 318.807.1188
- 34. Ouachita Sportsplex**
710 Holland Drive, Monroe
318.345.0040
- 35. Pecanland Mall**
4700 Millhaven Road, Monroe
318.322.4794
- 36. Precious Legacy Museum
& Archives**
2400 Orell Place, Monroe
318.387.0730
- 37. Restoration Park**
700 Downing Pines Road, West
Monroe | 318.322.8903
- 38. Revolution Park**
8850 Frontage Road, Monroe
318.812.7223
- 39. Savage Ax**
1812 Tower Drive, Monroe
318.855.4333
- 40. Skatetown, Monroe**
3151 Sterlington Road, Monroe
318.387.7051
- 41. Skatetown, West Monroe**
105 Division Street, West Monroe
318.388.2405
- 42. Southern Escape Room, Monroe**
607 Louisville Avenue, Monroe
318.537.6068
- 43. Spartan Adventure Park**
2257 Louisville Avenue, Monroe
318.460.8160
- 44. Sterlington Sports Complex**
1290 Highway 136, Sterlington
318.665.2157
- 45. Strauss Theatre Center**
1300 Lamy Lane, Monroe
318.323.6681
- 46. Surge Event Center**
220 Mane Street, West Monroe
318.536.2695
- 47. Tilt Studio**
4700 Millhaven Road, Monroe
318.460.1685
- 48. Tinsletown Movie Theatre**
220 Blanchard Street, West
Monroe | 318.398.0882
- 49. Twin City BMX**
401 Lea Joyner Expressway,
Monroe | 318.381.6887
- 50. Twin City Motorsports**
3695 Prairie Road, Monroe
318.372.2511
- 51. University of Louisiana
at Monroe**
700 University Avenue, Monroe
318.342.1000
- 52. ULM Natural History Museum**
708 University Avenue, Monroe
318.342.1868
- 53. University Park**
4709 Bon Aire Drive, Monroe
318.342.5305
- 54. West Monroe Convention Center**
901 Ridge Avenue, West Monroe
318.396.5000



Discover Monroe-West Monroe
601 Constitution Drive,
West Monroe | 318.387.5691

ACCOMODATIONS

HOTELS

1. **America's Best Value Inn**
310 Thomas Road, West Monroe
318.325.5780 or 888.315.2378
redlion.com/americas-best-value-inn/la/west-monroe/americas-best-value-inn-west-monroe
2. **Best Western - Airport Inn**
1475 Garrett Road, Monroe
318.345.4000 or 800.780.7234
bestwestern.com
3. **Best Western - West Monroe**
405 Thomas Road, West Monroe
318.322.9922 or 800.528.1234
bestwestern.com
4. **Budget Inn**
2115 Louisville Avenue, Monroe
318.322.8161 | budgetinn.com
5. **Comfort Inn**
213 Constitution Drive,
West Monroe | 318.361.0750 or
800.521.2121 | comfortinn.com/hotel-west-monroe-louisiana-LA288
6. **Comfort Suites - Monroe**
1401 Martin Luther King Jr.
Drive, Monroe | 318.410.1005 or
800.228.5150 | choicehotels.com/louisiana/monroe/comfort-suites-hotels/la001
7. **Comfort Suites- West Monroe**
149 Well Road, West Monroe
318.450.3715 or 800.228.5150
8. **Courtyard by Marriott**
4915 Pecanland Mall Drive,
Monroe | 318.388.0034 or
800.321.2211 | marriot.com/mlucy
9. **Cypress Inn Motel**
1311 Cypress Street, West Monroe
318.322.9261
cypress-inn-motel.business.site
10. **Days Inn**
5650 Frontage Road, Monroe
318.345.2220 or 833.449.1229
daysinn.com
11. **Economy Inn**
5200 Desiard Street, Monroe
318.343.6726
12. **Fairfield Inn & Suites**
606 Mane Street, West Monroe
318.582.1160 or 800.228.2800
marriott.com/hotels/travel/mluwm-fairfield-inn-and-suites-west-monroe/
13. **Hampton Inn, West Monroe**
601 Mane Street, West Monroe
318.938.2800 or 800.426.7866
hilton.com/en/hotels/mluwehx-hampton-west-monroe/
14. **Hampton Inn & Suites Monroe**
5100 Frontage Road, Monroe
318.343.6910 or 800.426.7866
hilton.com/en/hotels/mlumohx-hampton-suites-monroe/
15. **Hilton Garden Inn**
400 Mane Street
West Monroe | 318.398.0653 or
877.782.9444
westmonroe.hgi.com
16. **Holiday Inn Express**
603 Constitution Drive,
West Monroe | 318.807.6000 or
888.465.4329
hiexpress.com
17. **Home2 Suites West Monroe**
500 Mane Street, West Monroe
318.322.8000 or 877.646.6302
hilton.com/en/hotels/mluhtth-home2-suites-west-monroe/
18. **LaQuinta Inn & Suites**
507 Constitution Drive, West
Monroe | 318.570.5065 or
800.687.6667 | lq.com
19. **Monroe Inn**
3203 Louisville Avenue, Monroe
318.325.6315
20. **Motel 103**
135 Claiborne Road, Calhoun
318.644.2979 or 877.866.1541
motel-103-hotel.business.site
21. **Motel 6 - North**
1035 Martin Luther King Jr. Drive,
Monroe | 318.322.3900
motel6.com/monroela
22. **Motel 6 - West Monroe**
401 Constitution Drive, West
Monroe | 318.388.3810
motel6.com
23. **OYO Hotel Monroe LA I-20**
1051 Martin Luther King Jr. Drive,
Monroe | 318.716.7160 or
855-680-3239
oyorooms.com/us/89527
24. **Quality Inn-Monroe**
1407 Martin Luther King Jr.
Drive, Monroe | 318.361.9944 or
877.424.6423 | choicehotels.com/louisiana/monroe/quality-inn-hotels/la289
25. **Quality Inn & Suites**
503 Constitution Drive, West
Monroe | 318.387.2711 or
877.424.6423
qualityinn.com/louisiana
26. **Red Roof Inn-Monroe**
927 Highway 165 By-Pass,
Monroe | 318.388.8868 or
800.843.7663
redroofmonroe.com
27. **Red Roof Inn - West Monroe**
102 Constitution Drive,
West Monroe | 318.388.2420
or 800.843.7663
redroofwestmonroe.com
28. **Residence Inn**
4960 Millhaven Road, Monroe
318.387.0210 or 800.331.3131 |
marriot.com/mluri
29. **Studio 6 Extended Stay**
1501 Martin Luther King Jr.
Drive, Monroe | 318.537.8993 or
888.897.0202 | staystudio6.com
30. **Super 8 Motel - Monroe**
1601 Martin Luther King Jr.
Drive, Monroe | 318.323.1600 or
800.800.8000 | super8.com
31. **Super 8 Motel - West Monroe**
1101 Glenwood Drive, West
Monroe | 318.737.1619 or
800.800.8000 | super8.com
32. **TownePlace Suites**
4919 Pecanland Mall Drive,
Monroe | 318.387.7277 or
844-202-6823
marriot.com/mluts
33. **Wingate by Wyndham**
228 Blanchard, West Monroe
318.387.7395 or 800.337.0077
wingatehotels.com
34. **WoodSpring Suites - Extended Stay**
230 Blanchard Street, West
Monroe | 318.582.1610 or
844.974.6835
woodspring.com

BED & BREAKFASTS:

35. **Hamilton House Inn**
318 Trenton Street, West Monroe
318.366.2412 | hamiltonhouseinn.com
36. **Logtown Plantation**
1463 Logtown Loop Road, Monroe
318.348.2534
logtownplantation.com

MONROE



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